

TOGETHER BUT NOT TO GATHER.



KEEP IT UP

CITY OF ENGLEWOOD IS EXPERIENCING A SURGE IN CASES.

KEEP FINDING WAYS TO CONNECT FROM A DISTANCE.

YOUR COVID SAFETY MEASURES MAKE A DIFFERENCE.

LEARN MORE AT ARAPAHOEGOV.COM

BLOCK PARTY EVENT RECEIVES STATEWIDE AWARD

The City of Englewood received the 2020 Governor's Award for Downtown Excellence for the 2019 Englewood Block Party event.

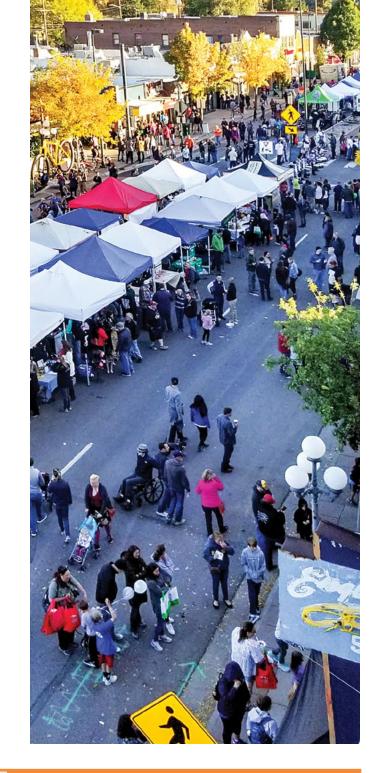
Held for the third time in September 2019, the Englewood Block Party is a street party that brings friends, families and neighbors together to celebrate the Englewood community and South Broadway, one of the metro area's most dynamic neighborhoods.

During the annual event, the 3400 block of South Broadway is closed to traffic and filled with people, food trucks, live music, a beer garden, children's activities, local vendor booths and more.

The award-winning 2019 event was a particular success due to the efforts of the Greater Englewood Chamber of Commerce, Breckenridge Brewery, HealthOne Swedish Medical Center, Englewood Schools, Englewood Cultural Arts Commission, Museum of Outdoor Arts, Cnora Lesage, Kids Tooth Doc, citizen-volunteer Kendall Smith and all of the participating vendors and volunteers.

"I am so proud of our staff and community for their commitment to collaboration and partnerships," said Englewood Mayor Linda Olson. "It's teamwork like this that allows us to bring dynamic events like the Block Party to Englewood. We're hopeful to see it return in 2021 and into the future."

The Englewood Block Party was recognized in the "Partnership" category that honors excellence in collaboration with stakeholders and the local community.



NOTICE OF CLOSURE

Employee Furlough Day February 12, 2021 THE FOLLOWING FACILITIES WILL BE CLOSED: Civic Center, Englewood Recreation Center, Malley Center.

PUBLIC ACCESS WILL NOT BE AVAILABLE AT THE FOLLOWING LOCATIONS: Englewood Police Building, South Platte Renew, Englewood Service Center.

This furlough day was approved to reduce expenditures in the 2021 budget.

Up to four furlough days may be observed depending on monthly revenue collections.













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LINDA OLSON MAYOR OF ENGLEWOOD



Thank you, Englewood.

Thank you, Englewood residents, workers, and businesses for taking COVID-19 seriously. Thank you for persistently keeping your neighbors safe by following the science and extending the ethic of care to those you do not even know.

Thank you, first responders, both in health care and public safety. Thank you for taking care of those who are most vulnerable. And thank you to our neighbors who are still howling at 8 p.m. to remind us of your work and bringing meals to you in gratitude.

Thank you to teachers for going back face-to-face to do all you can to keep students on track in their learning. And thank you again for transitioning at the drop of a hat to online teaching when needed. I call it 'Gumby' teaching as you are stretched in so many ways.

Thank you to the kids in our neighborhoods who have helped rake lawns and shovel snow and run errands even in the midst of online learning. Thank you for being patient with those trying to teach you and adapting to this temporary reality.

Thank you, parents, for taking on a very tough job of balancing work, helping children learn online, and caring for all... such a juggling act.

Thank you, neighbors, for bringing a meal over to the families who are working full-time jobs at home and teaching at home intermittently during this time.

Thank you for calling up that neighbor who is alone and caring enough to keep them connected. Thank you for learning new technology instead of giving way to isolation.

Thank you, Englewood residents, for buying take-out meals in order to keep our restaurant owners and servers going. Thanks for tipping at higher rates because you care and are employed.

Thank you for not only wearing masks but sewing them for others and creating fashion statements that bring cheer to our lives.

Thank you for all, who did not let compassion fatigue set in, and saw needs in our community and just stepped up to help in quiet ways.

Englewood has experienced, and continues to experience, a virtual hug by the nature of our combined acts of kindness and care.

As we end this year, one thing is clear. Englewood is a town of great care and resilience. We have a few more months of hard work ahead of us. I'm so confident that we will persist and stay united in caring for all. Please don't let up. We can do this. May health and peace mark the end of 2020 and take us into a healthy 2021.

Linda Olson, Mayor

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I'm sure you're all tired of hearing about COVID, but the latest round of orders requires some discussion. As a Christian and a pastor, I know that some of you would prefer to leave religion out of our governmental discussions, but in this case there's a necessary overlap.

We have a sacred duty to love our neighbor as ourselves. As I write this, our governor's current rules tell us to love our neighbors by not seeing them. Various exceptions are listed, but the rules fail to take into account our genuine need for human connection. In June, a CDC survey found that 25% of people aged 18 to 24 considered suicide in the last 30 days. Our elderly are similarly isolated. Sharing a smile and a cup of tea—even outdoors on the back deck—is illegal.

Of course I have no idea what rules we'll be under a month from now when you're reading this, but here's what I do know: there is a higher authority. Jesus rose from the dead and sits at the right hand of God. God delegates limited authority to earthly rulers, but His rules come first. We are still responsible to care for our neighbors.

If you are experiencing fear, despair or loneliness due to the pandemic or the forced isolation in response to it, I have an encouraging word for you. One day all things will be made new, the pandemic will cease, loneliness will be vanquished and every sin and injustice will be made right through the cross of Christ. Between now and then, reach out. If you don't know who to reach out to, call me.

Joe Anderson, District 3

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I wanted to write something about our many successes over the last year, then my roommate got COVID-19 at his grandmother's funeral from a pastor who didn't properly practice masking and social distancing. Then I caught it. Both my roommate and I have been studious in limiting our outside contact, always wearing a mask,

and always social distancing. He has worked entirely from home since the first stay at home order. I have been lucky enough to work partially from home during the pandemic, but I still spend over half of my time in the field with the rest of our "essential" workforce. I am a fairly healthy 35 year old and I have not yet recovered from the virus. I am perpetually exhausted. What I am experiencing is not a simple flu or cold.

As someone who has been directly impacted by COVID-19, I am asking you personally to wear a mask, to practice social distancing, to limit your activities outside the home to what is necessary, and to please have compassion for our fellow Englewood residents. Some of us have to continue working. Some of us do not have the luxury of owning our own homes and must rent, and even have roommates, in order to be able to live in our great city. I understand how difficult it is to feel isolated for so long, I have been isolated to my bedroom for more than a week. I understand how difficult it can be to feel like there is so much fear and worry in the world, particularly around this virus, I have been worried that I might end up on a ventilator for over a week.

But I have faith. I have faith in our community. I have faith in my fellow Englewood residents. I have faith that we, as a community, can weather this storm and overcome this adversity if we come together as a community. We can be the community that looks out for one another, the community who checks in on one another, the community who supports one another.

Please visit **englewoodco.gov/coronavirus** if you need help connecting yourself or fellow community members to resources to help get through this unprecedented time. Or, if you are having any trouble finding the resources you are looking for, feel free to reach out to me directly.

John Stone, Council Member At Large

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The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

ENGLEWOOD

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On the Cover:

A message of hope and resilience shines brightly on the iconic marquee of South Broadway's Gothic Theater.





IMPROVEMENTS COMING TO SANTA FE DRIVE

The 11-mile stretch of Santa Fe Drive between C-470 and I-25 isn't just important for Englewood; it intersects three counties and links three cities. Each day, the road is used by thousands of commuters.

As the population of southwest Denver expands, traffic is expected to get more congested. That's why Englewood has partnered with surrounding government agencies to provide funding for a Planning & Environmental Linkages (PEL) Study for Santa Fe Drive.

A PEL Study is a bit different than a standard transportation study, taking into account both human and natural environment issues and identifying several solutions to address needs. In the case of Santa Fe Drive, the PEL study will explore design alternatives to address congestion, traffic operations, multimodal capacity and safety.

The Santa Fe PEL study will look at short- and long-term solutions and provide unique action items for both. By taking this approach, officials can tackle the short-term projects to

quickly address existing problems affecting daily commuters. At the same time, officials can look long-term and plan for more costly improvements that will satisfy larger regional transportation needs.

Ave Florida Ave DENVER SHERIDAN **PROJECT** LIMITS ENGLEWOOD Orchard Rd COLUMBINE LITTLETON Dry Creek Rd Mineral Ave ARAPAHOE

GET INVOLVED!

Provide feedback to help guide the Santa Fe PEL study. Sign up for email alerts and find public engagement opportunities online at **codot.gov/projects/santafepel**.

RESIDENT FEEDBACK HELPS GUIDE CITY DECISIONS

When you hear the words "Give us your feedback," do you ever wonder if your response is used in the decision-making process? Well, for the City of Englewood, you can be certain that the answer is a resounding "Yes!"

Over the last few months, city communications staff, along with a task force made up of representatives from across numerous city departments, has worked to develop a comprehensive community engagement plan. Essentially, it's a guide and road map for all city employees tasked with planning, implementing and documenting community engagement activities.

The document is meant to help anyone, at any level of the organization, understand their role in two-way communication with stakeholders (you!). Also, it identifies the importance of public input and participation related to decision-making across the city organization.



This plan includes worksheets, techniques, and resources for city staff to utilize and consider when planning for community input.

The city understands that good communication and authentic public engagement make the community stronger. For the first time, there will be a road map and a formal process staff can follow to ensure all stakeholder voices are heard and get the recognition and response they deserve.

With your participation and feedback, we know that Englewood will continue to be a collaborative and inclusive community that values diverse perspectives. Be on the lookout for ways to get involved in your community by visiting englewoodco.gov.

A SUCCESSFUL ENGLEWOOD ELECTION

Results from the 2020 general election

Despite the contentious national climate and global pandemic, the Englewood 2020 general election ran as smoothly as ever, with an incredible voter turnout of 87 percent (the national average is usually around 60 percent). The city hosted an Arapahoe County voter service and polling center (VSPC) as a convenience for voters.

City Clerk Stephanie Carlile called the election a "success," and said, "The vote center was well attended and provided a nice convenience for the community and their voting needs."



Local election highlights include:

- Voters approved the broadband initiative 2A, which authorizes the city to re-establish the right to provide all services restricted since 2005 by the passage of Senate Bill 05-152, including high-speed Internet (advanced services), telecommunication services and cable television services.
- Ballot Issue 2B, a TABOR issue that would have increased the lodging tax on short-term rentals and hotel/motel stays shorter than 30 days, was defeated.
- The special election for the formation of the Englewood Downtown Development Authority (DDA) passed, but two of the three proposed measures to fund the entity were defeated.

For more on the local general election results, visit englewoodco.gov/government/election-information/ 2020-general-election.



DDA AND TIF FUNDING ARE A "GO"!

The formation of a Downtown Development Authority and TIF funding were approved in a close election

Voters in November's election approved the creation of the Englewood Downtown Development Authority. However, two of the three measures proposed to fund the DDA and its projects were not approved. This potentially complicates the financial plans and projections initially proposed by the Downtown Matters team.

The DDA is a body made up of residents and business owners tasked with revitalizing Englewood's CityCenter, Broadway, downtown and medical areas. The plan is to do this by filling storefronts, pursuing a hotel and adding residential density. The vote for the DDA was limited to property owners, tenants and residents within the proposed downtown district.

What passed?

Ballot issue B authorized the DDA to utilize tax-increment financing, allowing for the reallocation of future increases in sales and property tax revenue within the district's boundary to help finance public improvements in that area. The measure passed with a slight majority (77 in favor to 76 opposed) but is the most critical funding source for the DDA.

"The concept of tax increment financing, or TIF, is that the focused efforts of the DDA to champion and reinvest in Downtown Englewood will create incremental increases in both sales taxes and property taxes beyond what would otherwise occur without a DDA," said Dan Poremba, chief redevelopment officer for Englewood. "TIF has always been contemplated as the primary source of revenue for carrying out the goals of the Downtown Plan."

What failed?

Ballot issue D proposed a tax measure that would have been added to property tax currently assessed on properties in the new "downtown" district of the city. It failed with 92 no votes and 67 yes votes. Ballot issue C proposed increasing the city's debt with a maximum repayment cost of \$216.5 million. It was defeated with 83 opposed to 74 in favor.

With the election complete, the Downtown Matters team (a collaborative initiative between the City of Englewood and Englewood Chamber of Commerce) will be working on updating financial plans and projections for how the DDA will achieve its mission with its more limited funding sources.

DAVE LEWIS IS UP TO CODE

The inside scoop on code enforcement from Englewood's code enforcement, animal welfare and park ranger supervisor

Start the year off on the right side of city codes! Dave Lewis helps us understand the role of code enforcement in our community and encourages compliance through education.

What is your top priority for the city as the code enforcement supervisor?

To provide amazing customer service to the community by hiring and maintaining highly trained, qualified and professional code enforcement officers, animal control officers and park rangers.

What is the most cited code violation in Englewood?

Top violations are for trash and outdoor storage, animal control, snow and weeds.

What is the purpose of having a code enforcement division and how does it improve the community?

The mission of the code enforcement unit is to enhance and preserve our neighborhoods and business districts. We strive to gain voluntary compliance through education, community involvement and enforcement of ordinances in a fair and unbiased manner while providing superior customer service.

Are you part of the police department?

Per Englewood Municipal Code, code enforcement officers are sworn peace officers within the Police Department Special Operations Codes Division.

How do you decide which complaints to investigate?

We take action on all complaints and prioritize calls for service based on the urgency related to the health and safety of the community. Animal-related cases are typically the most urgent. Over the last twelve months, code enforcement officers investigated over 6,050 cases.

What is the process for residents who have been cited or warned by Code Enforcement?

If you receive a notice of violation, it is important to reach out to the issuing officer directly. The city wants to work with residents to come into voluntary compliance. Most residents need to be educated on the ordinance or a little extra time to come into compliance. The city has a 97% voluntary compliance rate.



How is code enforced handled on rental property?

We apply the ordinance equally and do not differentiate between a rental property or an owner-occupied property. The violation notice is sent to the property directly and the property owner on file with the Arapahoe County Assessor's Office.

Why should we care about Code Enforcement?

We have an important role in keeping our community safe, healthy and beautiful. Officers improve the welfare of citizens through the enforcement of laws, codes and ordinances dealing with building, zoning, housing, animal control, the environment, health, licensing and life safety issues. Without code enforcement officers, a city can fall into urban decay, inviting more serious criminal activities. By maintaining community standards with enforcement, the city minimizes activities that could lead to more serious criminal violations.

How can residents help keep our city safe?

If you see something, say something. Anyone may file a code complaint by calling the inspection line 303-762-2335, emailing codeenforcement@englewoodco.gov, calling the police department non-emergency number at 303-761-7410, or visiting englewoodco.gov.

BUDGETING FOR OUR FUTURE

City of Englewood 2021 budget overview

The City of Englewood's proposed 2021 budget reflects the hard work of council, elected officials, the community and staff to balance the requirements of sustainable levels of service with the need for additional investment in infrastructure, technology and other resources.

Despite recent revenue challenges associated with the COVID-19 pandemic, the budget includes programs, capital and operation costs. The continuation of high-level and quality services that our residents and businesses expect and deserve remains a high priority.

The 2021 budget accounts for all city services from public safety to parks and recreation, and high-priority park and infrastructure needs, including those of South Platte Renew, the state-of-the-art treatment plant operated in collaboration with the City of Littleton.

Given the continued mitigation efforts required to contain the virus's spread, staff applied conservative revenue growth rates to lower than estimated 2020 revenues. As a result, to balance the budget, city staff identified significant budget cuts totaling \$1.7 million, including a recommendation to city council to consider four furlough days for all city employees during 2021 (a \$360,000 cost reduction).

Additional budget cuts include:

- Decreasing employee medical benefits from 8% to 4% following successful negotiations with Kaiser Permanente, the city's current provider (\$200,000)
- Removing proposed new staff requests (\$523,060)
- Program cuts/deferrals (\$149,790)
- Other operating expenses (\$451,828)

To close the remaining budget gap, city council asked staff to use a portion of the current unassigned fund balance.

What is the unassigned fund balance?

The city's unassigned fund balance includes money that has not been assigned to other funds and that has not been restricted, committed or assigned to specific purposes within the general fund.

The City of Englewood has adopted the Government Finance Officers Association recommendation that governments maintain an unassigned fund balance equivalent to a minimum of two months of revenues, or 16.7 percent.

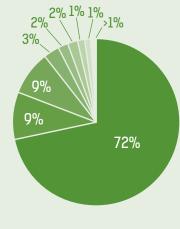
The city estimates a 2021 year-end fund balance of \$16.7 million, of which \$10.5 million is the reserve requirement, with an additional \$6.2 million in excess of the reserve requirement.

The total appropriation of the proposed 2021 budget for all city funds is \$146 million.

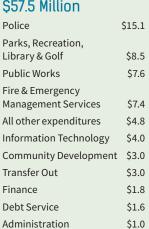
To learn more or view the 2021 proposed budget, visit **englewoodco.gov**.

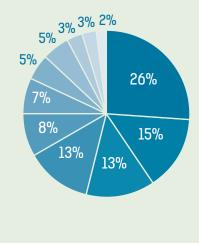
GENERAL FUND 2021 SOURCES AND USES OF FUNDS (IN MILLIONS)





USES OF FUNDS: \$57.5 Million





A BLUEPRINT FOR IMPROVEMENT

Highlights of Englewood's Capital Improvement Plan

Englewood's Capital Improvement Plan (CIP) provides a fiveyear working blueprint for sustaining and improving community infrastructure, including financing and a timeline to complete the identified projects. This ensures crucial infrastructure for services like roads, water and parks are repaired and replaced in a timely, cost-effective manner and equipped to handle projected growth. The CIP outlines all projects, their costs and funding sources in seven general categories: neighborhoods, infrastructure, economy, safety, sustainability, transportation and governance.

Funding for capital improvement projects and/or programs comes through various sources, including the use of designated revenues, debt financing, grant awards, intergovernmental agreement proceeds and surplus operating revenues.

A FEW HIGHLIGHTS FROM THE PLAN INCLUDE:

Park improvements

Some park improvement projects are included in the plan, such as maintaining and upgrading Belleview Park's train and farm, improving parking and skate park facilities at Cushing Park, addressing the priorities outlined for Centennial Park and Baker Park, including the basketball court, playground, picnic shelter and more.

Fitness equipment replacement and improvements

Fitness and cardio equipment at both the Englewood Recreation Center and Malley Center are used daily, and all equipment has a limited life span. Also, both of these facilities have updates planned, including the pool area, meeting rooms and outdoor spaces.

Pirates Cove maintenance

Pirates Cove is exposed to the elements year-round and heavily used during the season. Equipment needs to be maintained to extend its life span and keep the park safe.

Trail improvements

This big-ticket item includes replacing and upgrading Englewood's paved trails to ensure more durability and ADA access as well as general trail maintenance. There are also funds available for emergency or unforeseen trail improvements when issues arise.

Road maintenance and rehab

This includes scheduled maintenance, repaving, repainting and adding safety measures like bike lanes and new traffic lights and cameras to some of Englewood's main thoroughfares.

City building improvements

These projects range from heating, cooling and lighting to carpet replacement at city-owned facilities and buildings, as well as safety upgrades and accessibility measures.

Water, sewer and stormwater infrastructure improvements

A number of improvements are planned as part of the city's Flow it Forward campaign, a plan to repair and upgrade much of the 300 miles' worth of water, sewer and stormwater pipes, many of which were installed in the 1950s. These include valves, pipes, pumps, meters, etc.

South Platte Renew projects

South Platte Renew is the waste water treatment facility the cities of Englewood and Littleton co-own.

Projected and planned improvements include building infrastructure and electrical repairs, piping replacement, a new chemical treatment process, disinfection improvements and more.

To find out more and read the entire CIP plan, visit englewoodco.gov.



A SILVER ANNIVERSARY MILESTONE

FASTSIGNS celebrates 25 years in Englewood

Matt and Barb Metcalf purchased the franchise in 1997 and spent the next 20 years building the business from a location selling \$150,000 per year to a center that hit \$1.3 million in sales for the 2019 calendar year.

The location is now owned by their daughter, Larissa Croll and her husband Daniel. Larissa grew up around the business and even spent time working for FASTSIGNS corporate in Carrollton, Texas.

This year, FASTSIGNS celebrated its 25th year in the Englewood community.

"We strive to provide the best service possible to our clients by responding quickly to communications, always being courteous, and doing everything in our power to guarantee satisfaction with our products," Larissa said. "We understand that most people don't have experience with signs, so we will walk everyone through the process at their own pace."

FASTSIGNS offers a lot more than the banners and decals most people know them for. They also design, permit and install ADA-compliant room signs, custom lobby logos, monument signs, digital signs, fleet graphics and vehicle wraps, to name a few.

This year, they've added to the long list of offerings, including social distancing floor decals, COVID-19 protocol entry signs and safety shields.

"We've still seen a demand for the signs and graphics we typically provide and it's been great to hear from our customers that they are continuing to adapt and make the best of this year," Croll said.

FASTSIGNS pairs each client with an account representative who manages their project from start to finish, giving customers one point of contact they can count on.

"By taking care of all the details, we try to take as much as we can off our clients' plates," Larissa said. "If you're not sure if we can do something, ask us! We'd love the chance to help with your project!"

WE'VE GOT ALL THE FIXIN'S

A proactive approach to infrastructure repairs and replacement

Asset management identifies what infrastructure the community has, its condition and how much it will cost to repair, rehabilitate or replace. Combining asset management with a capital improvement plan allows for sound decision-making and develops a proactive approach to managing infrastructure assets.

With this in mind, the public works department is developing an inventory of all major assets, including streets, traffic signs, traffic signals, sidewalks, curbs and gutters, city facilities and bridges. From there, it can begin to plan and prioritize repairs and maintenance.

For example, the department is completing a citywide evaluation of the street network. Each street segment will receive a rating from 0 (worst) to 100 (best), called an overall condition index or OCI. The city's pavement management program is geared toward keeping good streets (rated 60 and higher) in good condition by utilizing preventative maintenance techniques on the surface of the pavement. A road in poorer condition (rated 30-60) will need

a more intensive technique to rehabilitate the pavement. In some cases, the very poor condition roads (with a rating of less than 30-40) are allowed to "wear out" before full reconstruction occurs.

"This might seem counterintuitive to many people who would expect us to fix the worst roads first," said Maria D'Andrea, director of public works. "We utilize a systematic approach to pavement management that attempts to spread limited funds to all parts of the city."

Long-term planning is essential, as many of these projects require a considerable investment of city funds. Prioritization requires the city council, with input from staff, to weigh each project's benefits concerning the city's other needs.

According to D'Andrea, investing in long-term improvements is key to solving long-term needs. Still, the real key is addressing issues before they become more extensive and expensive.

NEW NAME AND IMPROVED FEATURES DEBUT AT LOCAL STADIUM

Name honors former Englewood mayor, teacher and coach

Recently, the stadium at Englewood High School, formerly known as Pirate Stadium, underwent a renovation and name change. The renovation goal was to make the stadium a facility that could be a point of pride for the entire community. The renovation created improved safety, flexibility and accessibility for both spectators and athletes. Some of the new or improved features include:

- ✓ A new ticket booth and concession stand, better located to serve guests
- ✓ State-of-the-art team rooms for teams to gather before games and during halftime
- ✓ A training room area for athletes who get injured
- ✓ A synthetic turf seating area for performances or other events
- ✓ An additional lane added to the track, which makes it possible to host district, regional and state-level competitions
- ✓ High efficiency LED lighting that minimizes light pollution to the surrounding area

The Englewood Schools Board of Education recently voted to rename the stadium after Randy Penn, an important member of our community who passed away in late 2019. Randy was a former mayor of Englewood and a longtime teacher and coach in Englewood Schools. He was an inspiration to many students and colleagues. The district plans to have a renaming ceremony when it is safe for the community to gather together.



TIS THE SEASON **TO SHOVEL**

Snow removal is a community effort

Aristotle once said, "To appreciate the beauty of a snowflake, it is necessary to stand out in the cold (and shovel your sidewalk)." Okay, okay, we added that last bit.

Snow is a part of life in Colorado, and whether you love it or not, it comes with some responsibilities as a homeowner or property owner. Snow and ice removal is critical for transportation and operations, and it takes the entire community working together to ensure the safety and accessibility of the city.

If you have a drainage issue causing ice backups, the city is here to help. Contact public works for this or other snow-related concerns by visiting englewoodco.gov.

When snow hits the forecast (which it will!) remember these guidelines:

If you are a property owner or the tenant, it is your responsibility to shovel the public sidewalk in front of your home or business.

Snow and ice needs to be removed from public sidewalks and pedestrian ramps within 24 hours of the last snowfall,

When removing snow, move it to landscaped areas instead of pushing it into the street.

Snow from walkways on private property should stay on the private property – your plants and landscaping will benefit come spring!

.....

......

Violations could result in a \$100 fine.



THE WORD ON THE STREETS

A few highlights from the city's street maintenance team

Frank on Main video series Frank on Main, a video series hosted by Public Works Construction Manager Frank Main, gives residents a behind-the-scenes glimpse into the various types of street maintenance that the city



performs each year and explores how streets are prioritized for maintenance. Future episodes will also highlight various capital improvement projects that are planned or underway in the city for 2021. Follow along on the City of Englewood's Facebook page @CityofEnglewoodCOGov.

Allev upgrades

The city maintains 374 alleys, 332 of which are unpaved and prone to ruts and holes, especially in the spring with all the moisture.

With this in mind, all unpaved alleys in the city are being regraded into a v-channel shape (lower in the center) to provide for better drainage and long-term durability. This shape allows stormwater to flow down the alleys to the nearest cross street rather than onto adjacent private properties along the alleys. It will also help eliminate standing water, which can create potholes. Additionally, a surface stabilizer material is being applied to improve the durability of the alley surface.

Neighborhood zones

The city schedules annual street maintenance work in five different pavement maintenance zones. This creates a proactive approach to maintenance and maximizes street life while providing several benefits:

- Corrects street segments before they become so deteriorated that they require a more expensive repair strategy, which results in an extended service life.
- Treats the highest percentage of the street network.
- Costs less than the "worst first" approach to maintenance.
- Allows for improved communications to citizens and businesses.
- Improves coordination with public and private utilities.
- Improves planning and certainty.
- Lowers mobilization costs as a result of working in a concentrated area.

The Overall Condition Index (OCI)

The city recently awarded a contract to perform a pavement rating analysis of all city streets according to the Overall Condition Index (OCI) on a scale of 0 to 100 for each pavement segment. This quantitative rating will assist staff in determining the appropriate treatment for future pavement maintenance projects and help to prioritize where and how annual pavement maintenance funding needs to be spent each year to maintain the city's streets in the best condition possible.

REVAMPING THE RULES OF THE ROAD

New safety stop law makes Englewood safer, more bike friendly

The COVID-19 pandemic has created the biggest bike boom the world has ever seen, and Englewood is no exception. People are discovering and rediscovering cycling as a safe alternative to public transportation and a healthy way to recreate, get outside and take care of their mental and physical well-being.

With this in mind, in early December Englewood joined the many Colorado cities that adopted the safety stop law.

The safety stop law allows cyclists to treat stop signs as yield signs, and stop lights as stop signs. It creates a safer way for people on bikes to cross at intersections when they have the right of way. It does not impact the current right-of-way whatsoever—bicycles can proceed straight, right or left only when the coast is clear.

Most importantly, it's safer for bicyclists and motorists alike. Research shows that benefits of the safety stop are:

- Reduces interactions between motorists and bicyclists in intersections.
- Reduces crashes at intersections.
- Increases visibility of bicyclists in intersections.
- Decriminalizes a common-sense behavior, freeing up law enforcement resources to focus on bigger issues.

For more information and research on the safety stop, visit bicyclecolorado.org.





HOW ENGLEWOOD'S CO-RESPONDER PROGRAM SAVES LIVES AND RESOURCES

Recently, an Englewood man, believed to be in possession of a gun, showed up at the hospital and threatened hospital staff over his mother's death. A trained co-responder was able to deescalate the situation, after which he was searched and found to have no weapon, and allowed to return to his mother's bedside to say goodbye. No one was harmed, no arrests were made and the man was given access to mental health resources to help cope with the loss.

In today's world, it's not hard to imagine this situation ending incredibly differently. Yet, this is just one of hundreds of scenarios where the Englewood Police Department's co-responder program has de-escalated a scenario that could have resulted in arrest, unnecessary ER visits, or worse, violence.

The program is a collaborative effort between officers and mental health professionals, who get called into action when mental health, substance abuse, homelessness or other chronic medical conditions are considered to be the underlying cause of the situation. This provides community members with more appropriate care, and allows officers to refocus on safety and enforcing the law.

"My days are all different, each call has its own challenge," said Brytany Wynne, a co-responder and licensed professional counselor. "It's fast-paced, and I get to use my education and skill set each hour of the day. The impact I have on the community is tangible and substantial, which further motivates me."

The co-response team has diverted several hundred individuals away from hospital emergency rooms and jails and toward clinics and detox centers, and is estimated to have saved more than \$1 million in emergency room and jail visits since it started in 2018.

"As a co-responder, my first line of thought doesn't have to be safety, because I have the officer for that," said Wynne. "This allows me to remain focused on de-escalating, which in some cases is just explaining what's happening and why."

Wynne believes the camaraderie and positive culture of the Englewood Police Department is a big contributor to the program's success.

"The officers I work with are the best of their kind and they have accepted me as part of the team," she said. "The integrity and compassion they show when serving their community is what society expects of their law enforcement agency."

BUILDING RELATIONSHIPS, ENSURING EQUITY

Englewood's Police Reform Task Force and EPD create positive change

The Englewood Police Reform Task Force was created by city council to review police policies and procedures, ensure equity, and engage the community in policing with the goal of providing recommendations to city council.

"Policing is a learning profession," said Division Chief Chad Read, special operations division. "The Englewood Police Department strives to not only uphold the laws enacted by our local, state and federal governments, but of equal importance, continue to build relationships with the community and partner with the public we serve."

After six meetings, the task force presented its findings to the Englewood City Council. The review of the police department's hiring, training and discipline practices, use-of-force policies and alternative policing methods were discussed, with more than 40 recommendations for potential changes.



Initial discussions with council indicate that most, if not all, of the recommendations will be accepted and implemented in some form.

Read said, "While Englewood Police has undertaken a number of reform efforts in recent years that precede the death of George Floyd, we welcome these additional recommendations for new and innovative ways to ensure the safety and equal treatment of all residents with strong community outreach and relationships."

2021 VIRTUAL CITIZENS POLICE ACADEMY

Join members of the Englewood Police Department for a virtual, inside look at police operations. Topics covered in this four-week, eight-class session include:

- Police Chief IntroductionProfessional Standards
- Code Enforcement

- Criminal Investigations
- Patrol Procedures
- SWAT Overview

- Fire Inspections
- And More!

Classes are held for four weeks every Tuesday and Thursday from 6 - 8 p.m. beginning February 16 through March 11.

Register to participate beginning January 11 by visiting englewoodco.gov or contact Toni Arnoldy at tarnoldy@englewoodco.gov or 303-762-2490. This opportunity is open to anyone 18 years or older.

SOUTH PLATTE RENEW CLEANS UP MORE THAN WATER

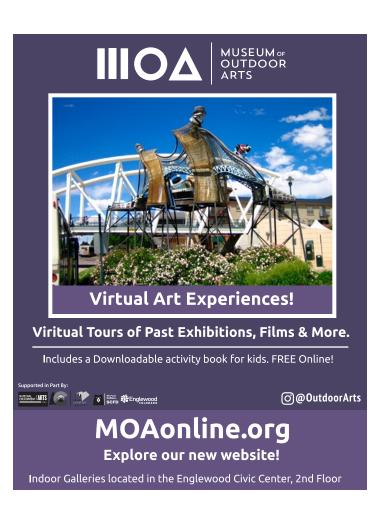
Englewood's water renewal facility recognized on local, regional and national levels

In2020, South Platte Renew (SPR), the state-of-the-art water renewal facility co-owned by Englewood and Littleton, received awards ranging from local and regional acknowledgments to national recognition.

"Every one of these awards is a direct representation of the outstanding work that all SPR employees accomplish daily," said Pieter Van Ry, Director of South Platte Renew and City of Englewood Utilities. "Our teamwork, cross-departmental collaboration, and drive for innovation are what make us a nationally recognized, award-winning facility."



For more information on South Platte Renew's awards, visit southplatterenewco.gov/about-us/awards/.



LOCAL AWARD

The Citizens Alliance for
a Sustainable Englewood
(CASE) recognized SPR for
protecting air and water,
reducing waste, increasing the
use of renewable resources and improving the health of
Englewood citizens and the environment through the
design and operation of the gas recovery facility and
pipeline injection project.

REGIONAL AWARD

Friends of Rocky Mountain
Water Environment Association
(RMWEA) recognized SPR with
the Merit Award for their valuable
support leading to the success
of RMWEA.



NATIONAL AWARDS

SPR received the **Water Environment Federation's 2020 Project Excellence Award** for completion of

the gas recovery facility and pipeline injection project.



The Utility of the Future Today (UotFT) Award

honors forward-thinking, innovative water utilities that provide resilient value-added service to communities, particularly in the areas of community engagement, watershed stewardship and resource recovery.

National Association of Clean Water Agencies'
Platinum Peak Performance Award recognized SPR

for 100 percent permit compliance for 11 years.





RESIDENTS SPEAK, LOCAL GOVERNMENT LISTENS

The 2020 Englewood Citizen Survey results

Earlier this year, the City of Englewood completed a citizen survey through the National Research Center. The citizen survey gathers resident opinions about community livability and government amenities, and gives the city valuable data for improving services.

The last survey was conducted two years ago, and the results were very similar.

Englewood residents continue to enjoy a high quality of life. About three quarters of respondents positively rated their overall quality of life in the city, and about eight in 10 would recommend living in Englewood to someone who asked. Most respondents planned to stay in the city for the next five years.

Mobility is important to residents. Residents in Englewood continued to utilize bus, rail, subway or other public transportation instead of driving, at a much higher rate than national comparison communities. In addition, they tended to walk or bike instead of driving at a rate higher than the national average. They applauded the ease of travel by public transportation, but thought the overall quality of the transportation system, street repair, and snow removal could be improved.

Safety and economy are priorities. These were identified as the areas for the city to focus on for the next two years. Most residents continue to feel safe in their neighborhoods and downtown, though police and fire service evaluations declined somewhat, which may be an area of opportunity for improvement.

When it comes to the economy, the vibrancy of downtown and overall quality of businesses and service establishments in Englewood was trending up from 2018. Conversely, residents' perception of their own personal economic futures was trending down in 2020, possibly highlighted by the COVID-19 pandemic. However, Englewood entered this period of economic uncertainty with a strong economic foundation and positive resident perception on par with peers nationwide.

This and other data from this survey will be used to enhance the public voice and aid city decision making to help residents thrive. To view the survey results and learn more, visit **englewoodco.gov/citizensurvey2020**.

PARKS FOR OUR PEOPLE

Englewood's parks are a city asset that attracts thousands of residents and visitors every year. They offer an equitable way to improve public health, community engagement and boost the local economy.

They also get a lot of wear and tear. The 2017 Parks and Recreation Master Plan identified more than \$30 million in park renovation needs across the city. With that in mind, city council approved the use of \$3 million from the city's unassigned fund balance to help address a few of the most pressing needs.

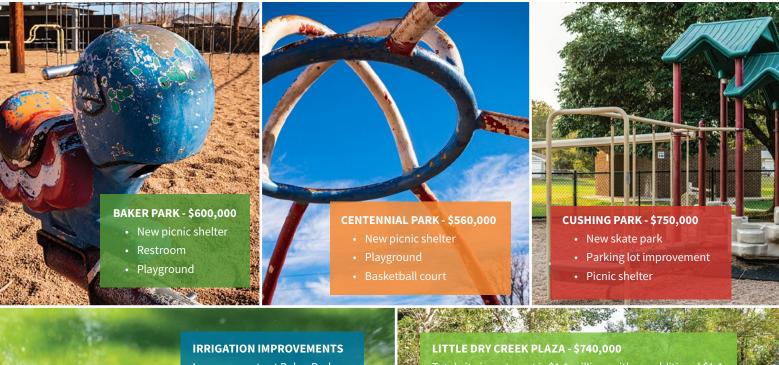
"The parks department is thrilled to be able to upgrade a handful of our city parks," said Christina Underhill, director of Parks, Recreation and Library. "These upgrades have been a long time coming, and we hope the community will be happy with the improvements."

In 2001, voters approved \$12.8 million in general obligation bonds for improvements to the Malley and Englewood Recreation Centers, as well as construction of Pirates Cove water park. The plan to meet the remainder of the park renovation needs is to go out for a bond in 2023, when the current recreation general obligation bond will sunset.

According to Underhill, the city considered pursuing a bond last year. Still, with the pandemic and uncertainty of what the future holds, both city council and staff agreed it would be best to wait a little longer to pursue the parks bond.

The upcoming park upgrades include new and innovative playground equipment for all ages to enjoy, and a skate park that will incorporate new skate technology designed to enhance the skill level of all skaters.

The goal is to have these renovations completed by the end of 2021:



IRRIGATION IMPROVEMENTS
Improvements at Baker Park,
Rotolo Park and Englewood
Parkway medians will replace the
decades-old irrigation systems.

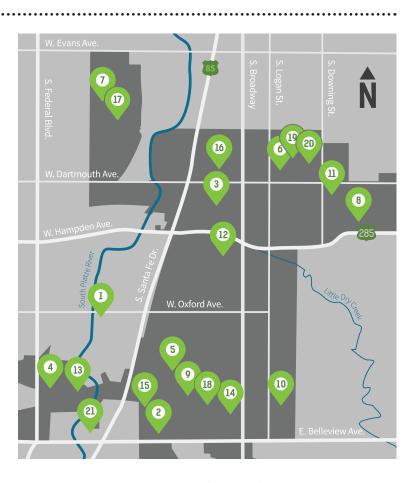
Total city investment is \$1.1 million, with an additional \$1.1 million in matching funds from Mile High Flood District for a total of \$2.2 million to complete phase one of the project

- Design and construction of channel improvements
 on Little Dry Creek
- Landscape improvements
- New trail to connect nearby downtown
 Broadway restaurants and retail
- · Creek access improvements





GET OUT AND EXPLORE!



Park and Open Space Area Hours: 7 days a week, 6:00 AM – 11:00 PM.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2697 for more details about Park Use Permits.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees and licenses.

Englewood Farm and Train: Closed for the season, we hope to see you Memorial Day 2021!

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke and vape free.

- 1. RiverRun Trailhead 2101 W. Oxford Ave.
- **2. Belleview Park** 5001 S. Inca Dr.
- **3. Cushing Park** 700 W. Dartmouth Ave.
- **4. Centennial Park*** 4630 S. Decatur St.
- **5. Jason Park*** 4299 S. Jason St.
- **6. Bates/Logan Park** 2938 S. Logan St.
- **7. Baker Park** 2200 W. Wesley Ave.
- **8. Romans Park** 1800 E. Floyd Ave.
- **9. Rotolo Park** 4401 S. Huron St.
- 10. Duncan Park* 4880 S. Pennsylvania St.
- 11. Barde Park 3150 S. Downing St.
- **12. Miller Fields** 3600 S. Elati St.

- 13.Brent Mayne & Union Fields
 3501 W. Union Ave.
- 14. Colorado's Finest High School of Choice 300 W. Chenango Ave.
- **15. Canine Corral** 4848 S. Windermere St.
- 16. Englewood
 Community Garden
 601 W. Dartmouth Ave.
- 17. Northwest Greenbelt* Zuni to Pecos
- 18. Southwest
 Greenbelt
 Huron to Bannock St.
- 19. Clarkson Park 2795 S. Clarkson St.
- **20. Emerson Park** 2929 S. Emerson St.
- 21. Big Dry Creek Trail Access 4700 S. Wyandot St.

*Off-Leash Areas

DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Canine Corral: 4848 S.

Windermere St. Open daily from 6:00 AM–11:00 PM. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.

*Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Centennial Park, Duncan Park,

Jason Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields. Visit englewoodco.gov/offleash for additional information.

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Park use and pavilion reservations will follow the most up-to-date health quidelines. Visit **englewoodco.gov** for details.



Due to COVID-19, events or programs may be canceled or postponed and may require social distancing practices.





We are committed to ensuring that our community members have everything they need to maintain healthy lives and continue to have fun from home. Virtual fitness classes, workshops, youth dance and more are being offered. Reservations: englewoodrec.org.



ID CARD

All program and center participants are required to obtain an ID Card for access.

Resident ID Cards

\$3 – valid 3 years from date of purchase. To receive the Resident Fee rate, a valid photo ID must be provided with current address or documentation verifying current Englewood address. Create a household account to register online. Non-Residents will receive their first ID Card for free.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs, including SilverSneakers and Renew Active. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.









RESERVATION REQUIRED TO ENTER CENTERS

Cleanliness, safety and guest satisfaction continue to be our priorities as we navigate this new way of REC-reating. Staff is actively monitoring any changes to guidelines, which we will continue to share through our website and Facebook page.

Visit **englewoodrec.org** to reserve your spot or call the Englewood Recreation Center at 303-762-2680 or the Malley Recreation Center at 303-762-2660. Reservations can be made for a 7-day period. Set up your weekly workout by reserving up to four slots (conditions apply). Please call if canceling.

We ask for an extra level of kindness and patience and will do the same for our guests. Thank you for being a loyal part of Englewood's Recreation Centers!



ENGLEWOOD RECREATION CENTER - RESERVATION ONLY

303-762-2680 • 1155 W. Oxford Avenue • englewoodco.gov/parks-recreation-library

OPEN: Fitness Areas, Racquetball Courts, Gym (limited use), Locker Rooms. Swimming Pool and ZONE Room open with physical distance guidelines.

CLOSED: Check our website for updated information.

Hours of Operation:

F: 6:00 AM - 8:00 PM Sa & Su: 8:00 AM - 3:30 PM 12/24: 8:00 AM - 2:00 PM

/31: 8:00 AM – 2:00 PM /25, 1/1: CLOSED

Center Admission: Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts). See reservation policy. *Subject to change.

	GENERAL: 3 – 54 Years		ACTIVE ADULT: 55 – 82 Year	
Туре	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Punch Card	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass: Active adults ages 55 – 82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass*: Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session, four guest passes and childcare.	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+): Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.	_	_	FREE	FREE

Corporate Rates: Call for Pricing; Pricing based on Residency and number of visits purchased.

MALLEY RECREATION CENTER - RESERVATION ONLY

Ages 55+ • 303-762-2660 • 3380 S. Lincoln Street • englewoodco.gov/parks-recreation-library

OPEN: Computers, Locker Rooms, Gym (limited use). Fitness Area open with physical distance guidelines and VOA Grab and Go Lunch.

Hours of Operation:
Due to current State COVID
-19 Guidelines Malley hours
of operation are subject to
change. For hours of operation
call 303-762-2600 or visit
englewoodrec.org.

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers have started honoring new Wellness Insurance Programs in 2020. These include SilverSneakers and Renew Active. See page 24 for more information.

Volunteers of America (VOA) Nutrition Program – Pre-Packaged To-Go Lunch

The Malley Recreation Center and Volunteers of America have teamed up to provide a lunch Monday through Friday from 11:30 AM-12:30 PM. Lunch is available for pickup in the lobby either to-go, or for dine-in at the Ballroom from 12:00-12:30 PM. Mask, social distancing and reservations for dine-in are required. Reservations must be made two days in advance by calling 303-762-2660. For Monday and Tuesday of the following week, please plan to make reservations by noon on Thursday. Monthly

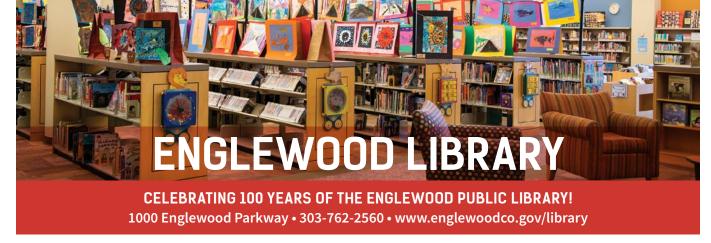
menus are available at **englewoodco.gov** or at the Malley Recreation Center Front Desk. For those who are able to make a donation, the suggested amount is \$2.50 for ages 60+. For guests under 60, the recommended amount is \$8.50.

Social Pass

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

	ACTIVE ADULT: 55 – 82 Years			
Туре	Resident	Non-Resident		
Social Pass	\$48.00	\$60.00		
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)		
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)		
Platinum Pass (83+)	FREE	FREE		

^{*}All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.



ADULT PROGRAMMING

Book Clubs

The Library continues sponsoring three book clubs during the pandemic. They meet once a month and new members are always welcome.

Books@the Bar! We plan to meet on the third Monday of the month beginning in January 2021. We get together at different locations for each meeting and sample food and beverages from wonderful restaurants throughout the City of Englewood. Please contact the library to get a copy of the list of titles and meeting locations.

Novels@Night meets on the second Thursday of the month at 6:00 PM.

Sack Lunch Sagas meets on the fourth Wednesday of the month at 12:30 PM. Bring a sack lunch and be prepared to talk about books!

During the pandemic, both Novels@Night and Sack Lunch Sagas will meet via Zoom. Please contact the library for a copy of the book list and to obtain the Zoom link for our next meeting. Both of these groups will resume meeting in January 2021.

French Conversation Circle

Bonjour! Are you looking for a chance to brush up on your French? This group gathers twice a month to practice French language skills in a supportive, immersive environment. All skill levels are welcome, and meetings are held the first and third Wednesday of every month from $1:00-2:00~{\rm PM}$. During the pandemic, this program meets virtually. Please contact the library for more information.

Are you struggling to find the perfect book?

We can help! Fill out a short survey about your reading interests, give us a few examples of books you enjoyed, and a few you didn't, and library staff will get busy creating a personalized reading list just for you. We can even place holds automatically for you to help save time. Get started at: https://bit.ly/3mMX4Ws.

Remember, with a full-service Englewood Library card you can check out up to 50 items at a time.

Taking the U.S. Citizenship test?

The Library has a free tutoring program for both the citizenship test and practicing English language skills. If you're interested in applying, please email epl@englewoodco.gov or call 303-762-2560 between noon and 5:00 PM Monday – Saturday for an application.



CHILDREN'S PROGRAMMING

All Ages Programs

Monthly Events

Join us for fun programs live on Facebook. Take and Make Kits will be available one week prior to the program.

2/4 Th 4:00 PM 3/4 Th 4:00 PM

Storytime Extra

Join us for fun programs live on Facebook. Take and Make Kits will be available 1 week prior to the program. These programs are targeted toward toddler and preschool aged kids, but the crafts are great for younger elementary ages as well.

Note: Program replaces virtual storytime

1/21 Th 10:30 AM 2/18 Th 10:30 AM 3/18 Th 10:30 AM

Valentine's Event

Celebrate the holiday with special programs that will be held outside, weather permitting.

 $Registration is \ required. \\$

2/13 S 11:00 AM



At the Englewood Public Library, we believe public libraries can have an even greater impact on early literacy through an approach that focuses on educating parents and caregivers using everyday skills.

PLAYING

Don't underestimate the value of play; this is how children learn. Through play, children gain cognitive skills, physical abilities, new vocabulary, social skills and literacy skills. As parents, you are the biggest supporters of your child's learning, so make sure they have as much time to play as possible during the day. But don't forget to play with your child too. Parent-child playtime builds lasting relationships and naturally leads to interactive talking, which is essential to child brain development.

Don't forget to add outdoor time! Remember your own outdoor experiences of building forts, playing on the beach or sledding in the winter? Make sure your children create outdoor memories too!

THE IMPORTANCE OF STORYTIME

Children learn naturally when they read, sing, write, talk and play! Our interactive storytime combines books, songs, rhymes and fun. Storytime will benefit your child, regardless of their age.

For babies, storytime introduces a love for reading through books, songs, movement and rhyme. It helps improve motor and sensory skills, and it increases the child and caregiver bond.

For toddlers, storytime taps into their boundless energy with short stories, finger plays, action rhymes and songs. Toddlers will learn new vocabulary, the sounds of language, letter recognition and counting skills that will help them grow into pre-readers.

For preschoolers, storytime improves literacy skills needed for kindergarten through a variety of books, songs, movement rhymes and flannel board activities.

Early readers can also benefit from storytime. The books, songs and activities in storytime will increase their reading skills and help them become stronger readers.

Storytime Programs

Virtual Storytime

Join us every Monday and Thursday at 10:30 AM via Facebook Live.

M 1/4, 1/11, 1/18, 1/25 10:30 AM
M 2/1, 2/8, 2/15, 2/22 10:30 AM
M 3/1, 3/8, 3/15, 3/22, 3/29 10:30 AM
Th 1/7, 1/14, 1/28 10:30 AM
Th 2/4, 2/11, 2/25 10:30 AM
Th 3/4, 3/11, 3/25 10:30 AM

Virtual Pajama Storytime

Join us every Wednesday at 7:00 PM via Facebook Live.

W 1/6, 1/13, 1/20, 1/27 7:00 PM W 2/3, 2/10, 2/17, 2/24 7:00 PM W 3/3, 3/10, 3/17, 3/24, 3/31 7:00 PM



ENGLEWOOD LIBRARY

TWEEN PROGRAMMING

Tween programming is geared toward kids ages 8-11.

Programs for Tweens

Join us for fun programs live on Zoom. Take and Make Kits will be available 1 week prior to the program.

1/14 Th 4:00 PM 2/11 Th 4:00 PM 3/11 Th 4:00 PM

TEEN PROGRAMMING

Teen programming is geared toward ages 12–18.

Teen Virtual Hangouts

Join us for weekly hangouts live on Zoom, held every Tuesday at 4:00 PM.

Game Nights: 1/5, 2/2, 3/2, 3/30

Movie Discussion: 1/12, 2/9, 3/9

Writer's Group: 1/19, 2/16, 3/16

Book Club: 1/26, 2/23, 3/23

Email eplteen@gmail.com to get information on which movies and books we will be discussing each month.

Teen Dungeons and Dragons Club

Join us virtually as we continue our D&D Campaign.

1/5 Tu 6:30 PM 1/19 Tu 5:30 PM 2/2 5:30 PM 2/16 Tu 5:30 PM 3/2 Tu 5:30 PM 3/16 Tu 5:30 PM

Email eplteen@gmail.com to get the Zoom link or if you have questions.

Teen Monthly Virtual Events

Join us for fun programs live on Zoom.

1/28 Th 4:00 PM 2/25 Th 4:00 PM 3/25 Th 4:00 PM

Teen Anti-Valentine Party

Special programs will be held outside weather permitting. Registration is required.

2/13 Sa 4:00 PM

TWEEN BOOK RECOMMENDATION

Gregor the Overlander by Suzanne Collins

When Gregor falls through a grate in the laundry room of his apartment building, he hurtles into the dark Underland, where spiders, rats and cockroaches coexist uneasily with humans. This world is on the brink of war, and Gregor's arrival is not an accident. A prophecy foretells that Gregor has a role to play in the Underland's uncertain future. Gregor wants no part of it – until he realizes it's the only way to solve the mystery of his father's disappearance. Reluctantly, Gregor embarks on a dangerous adventure that will change both him and the Underland forever.



TEEN BOOK RECOMMENDATIONS

One of Us Is Lying by Karen M. McManus

On Monday afternoon, five students at Bayview High walk into detention. Bronwyn is Yale-bound and never breaks a rule. Addy is the picture-perfect homecoming princess. Nate is already on probation for dealing drugs. Cooperisthe all-star baseball pitcher. Simon is the creator of Bayview

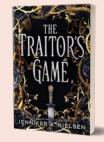
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High's notorious gossip app. But before the end of detention – Simon's dead! And according to investigators, his death wasn't an accident.



The Traitor's Game by Jennifer A. Nielsen

Kestra Dallisor has spent three years in exile, but that won't stop her from being drawn back into her father's palace politics. A group of rebels knows this – and they snatch Kestra from her carriage as she reluctantly travels home. The kidnappers want her to retrieve the lost Olden Blade,



the only object that can destroy the cruel king, Lord Endrick, but Kestra is not the obedient captive they expected. One of the rebels, Simon, has his hands full as Kestra tries to foil their plot by any means necessary. As motives shift and secrets emerge, both Kestra and Simon must decide what and whom they're fighting for.

◀ Teens at the Vampire vs. Werewolf Halloween Program

PLEASE NOTE: Contact library staff to have handouts for your computer class either emailed or printed for you to pick up through our curbside service.

The Library Has Gone Virtual!

Since we are unable to hold in-person classes, we've been recording some of our regular computer classes and uploading them to our YouTube channel. Access them anytime by searching for "Englewood Public Library Colorado" and subscribe.

MS Excel: The Basics

Excel spreadsheets allow you to easily store, organize and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill and more) by creating a budget spreadsheet and making Excel do all the math for you.

MS Excel: Conditional Formatting

Have you already taken our basics class? It's time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows and using tables. Basic Excel skills are necessary for this class.

MS Excel: Sort & Filter

Use the sort and filter features in Excel to organize your data so you can find the information you are looking for easily. Basic Excel skills are required.

MS Word: Fundamentals

Learn how to create and edit a document with Microsoft Word. This class will cover creating a new document and a few of the basic formatting tools like bolding text, changing your font and page alignment.

MS Word: Intermediate

Microsoft Word has many tools that make working on long documents a snap. Learn about styles, headers, footers, page numbers and tables. Basic Word skills are required.

Outlook

In this course, you will use Outlook to send, receive and manage email messages; manage your contact information; schedule appointments and meetings; create Tasks and Notes for yourself and customize the Outlook interface to suit your working style.

Printing at the Library

Need to use a printer? We're covering the cost up to 25 pages of black and white and 10 pages of color for the time being. Give us a call and we'll walk you through the steps of printing from your phone or laptop. Simply let us know what day you're planning to come by to pick it up through our curbside service and we'll print for you.



ENGLEWOOD LIBRARY



Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • www.brokenteegolf.com

We appreciate the opportunity to give local residents an outlet to get fresh air and exercise in a safe environment. We pride ourselves on providing quality opportunities for our guests to enjoy the game of golf. To ensure everyone's safety, we have opened with very important changes designed to limit contact, transactions and touch points.

Book Your Tee Time by Phone or Online

Tee times must be reserved by phone 8 days in advance by calling 303-762-2670. Pro Shop phone hours are 7:30 AM-5:00 PM in January; 7:00 AM-Sunset in February; and Sunrise-Sunset in March.

Tee times may be reserved online 7 days in advance. We are accepting payment inside the Pro Shop.

Walk or Ride

At this time, we are allowing walking and riding carts. If you would like your own riding cart, please notify the Pro Shop during check in. Pull carts are also available for rental.

Please note, golf fees will be increasing in 2021. Thank you for your support of our programs and service.



WHAT'S CHANGED?

- The course has been set up to limit touch points by removing water stations, towel buckets, bunker rakes, water coolers, etc. Do not touch flag sticks.
- Please check your temperature before leaving your house and stay home if you are sick.



- Social distancing is practiced in all areas of our facility and should be practiced on the golf course as well. Do not share clubs and golf equipment with your playing partners or congregate with them in the parking lot before or after your round.
- The driving range and putting green remain open; please keep 6 feet of space between you and other players. Range buckets must be purchased at range dispenser with a credit card or range pass only. No cash transactions allowed. Guests must return baskets to their designated area.
- Masks are required when inside the clubhouse with a limit of one person in the Pro Shop at one time.



- No cash payments are allowed.
- Players are encouraged to prepay over the phone by credit card.
- Only one tee time (up to four players) will be allowed under one person's name.
- All players need to check in with the starter, one at a time, at the outside window.
- For anniversary pass holders, check in with the starter, one at a time, at the outside window.
- There will be no use of GHIN computer to post.
- Alcohol will be available for purchase from the golf course, but you are not allowed to bring your own per the state's liquor licensing laws.
- Wash hands frequently.



WHAT A TEAM! CONGRATULATIONS TO THEIR RECENT ACCOMPLISHMENTS

And the award goes to...

David W. Lee, Open Space Manger for the City of Englewood, just received the 2020 Colorado Parks & Recreation Association (CPRA) Fellow Award. The CPRA Fellow Award highlights individuals who exemplify leadership, inspiration and noteworthy contributions to the park and recreation profession – the highest honor



one can receive as a CPRA Parks & Recreation Professional.

The Colorado Parks & Recreation Association Awards Program is designed to recognize and celebrate successful contributions that promote the value of parks and recreation in the state of Colorado. Designed to bring attention to its recipients, the awards program highlights the successes of association members and community champions. An additional benefit of being involved in the awards program is the sharing of new and creative programs.

Dave has demonstrated an unparalleled commitment to the profession and to our city's parks. His dedication to continuing education, extensive experience, high standards of professionalism and outstanding leadership speak highly of his qualifications for this award.

Thirty-five years ago Dave joined the City of Englewood as the golf course superintendent, and over the years he's taken advantage of training opportunities within the entire department. His careful project planning skills have supported new playgrounds, fields, shelters and irrigation improvements. He also contributed to the cooperative effort to build River Run Park, a unique project neighboring our golf course on the South Platte River that was just awarded the Colorado Project of the Year from the American Public Works Association.

Promoted to the Open Space Manager, he is consistently responsive to citizen questions, concerns and suggestions and has earned the admiration of the community. Congratulations, Dave!

Staff Kudos!

We are proud to announce that Lindsay Peterson, the Open Space Activities Supervisor, recently became a Certified Parks & Recreation Professional (CPRP) and is excited to continue her passion for parks, recreation and the great outdoors!



Dedicated to this field and all that it offers, Lindsay plans to continue spreading the many great benefits that Parks & Recreation has to offer everyone. Lindsay has always been active, playing numerous sports throughout her life, and because of this, she has a deep appreciation for how sports and activities bring people together. Because she has seen and experienced the power of play firsthand, her goal is to be sure that everyone in Englewood is able to experience and embrace that.

Lindsay officially started with Englewood in 2014 as an Athletics Coordinator in the Recreation Division. In this role, she was in charge of programming the adult athletic leagues, peewee sports leagues, tennis lessons and field rentals.

Thanks to her colleagues, Lindsay considers herself to be surrounded by highly motivated teammates, peers, volunteers and leaders that make everything operate so smoothly. Transitioning from Recreation to Parks has filled her with so many learning and growth opportunities and she is forever grateful for everyone in the Parks Department welcoming her and teaching her along the way.



Lane Reservations-Lap Swim/Water Walking

- Lanes are available by reservation only at the top of each hour.
- Actual swim time is approximately 50 minutes to allow for disinfection between users.
- Water Walkers not using the full length of the pool are encouraged to reserve the water walking lane.
- Swimmers are advised to wear loose fitting clothing that easily fits over a wet swim suit in order to exit the building immediately.
- Showers and toilet facilities are available for use but not encouraged at this time.

Hours

M-Th: 6:00 AM - 8:00 PM **F:** 6:00 AM - 7:00 PM **Sa/Su:** 8:00 AM - 3:00 PM

Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children's area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180-200°
- ADA accessible
- Pool temp 86° year-round

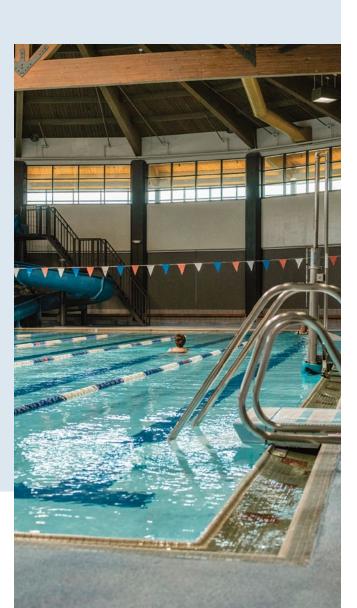
Rec Swim

Sa/Su: 1:00 PM – 3:00 PM by reservation only. Check online for additional times as they become available. Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides.



Lap Swim

M-Th: 6:00 AM - 8:00 PM **F:** 6:00 AM - 7:00 PM **Sa/Su:** 8:00 AM - 3:00 PM





Infant and Toddler

Babes & Tots (6 mos - 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles and water play in a fun, family environment.

School Age

Stingray (6 - 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 - 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 - 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda (6 - 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

Shark (6 - 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

Aquatic Personal Training

Need to kick it up a notch, somewhere to start, or rehab an injury?

Tidal Waves

Ages: 6 – 17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: ERC

1/4 - 3/22 M \$45/\$36 11230911

WATER FITNESS

Aqua HIIT

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

Location: ERC

 1/5 - 1/26 Tu
 5:00 - 6:00 PM \$23/\$19 11250621

 2/2 - 2/23 Tu
 5:00 - 6:00 PM \$23/\$19 11250631

 3/2 - 3/23 Tu
 5:00 - 6:00 PM \$23/\$19 21250611



Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn't just for kids.

Location: ERC

2/1 – 3/22	M	9:00 - 9:50 AM	\$20/\$16	11260131
2/2 – 3/23	Tu	9:00 - 9:50 AM	\$20/\$16	11260132
2/2 – 3/23	Tu	10:00 - 10:50 AM	\$20/\$16	11260133
2/3 – 3/24	W	9:00 - 9:50 AM	\$20/\$16	11260134
2/4 – 3/25	Th	8:00 - 8:50 AM	\$20/\$16	11260135
2/4 – 3/25	Th	9:00 - 9:50 AM	\$20/\$16	11260136
2/5 – 3/26	F	9:00 - 9:50 AM	\$20/\$16	11260137



PRIVATE SWIM LESSONS

Guarantee your spot by signing up for our new scheduled private lessons. Individual lessons for six years to adult, or family private lessons for five and under. Family private lessons will follow the same format as family group lessons. An adult living in the same household will participate in the lesson with the child five and under, providing the physical support in-water while an instructor leads the lesson from the deck. Swimmers six and older will swim independently with an instructor on the deck.

Session Fee: 4 Classes						
\$80	1 student	5 yrs & under	Parent Assisted			
\$100	2 students	5 yrs & under	Parent Assisted			
\$92	1 student	6 yrs & older	Non-Assisted			
\$112	2 students	6 yrs & older	Non-Assisted			

JANUARY

Session 2	Monday	Tuesday	Wednesday	Thursday
Time	1/4 – 1/25	1/5 – 1/26	1/6 – 1/27	1/7 – 1/28
4:00 – 4:25 PM	11231231	11231235	11231241	11231245
4:30 – 4:55 PM	11231232	11231236	11231242	11231246
5:00 - 5:25 PM	11231233	11231237	11231243	11231247
5:30 – 5:55 PM	11231234	11231238	11231244	11231248
6:00 - 6:25 PM	_	11231239	_	11231249
6:30 - 6:55 PM		11231240	_	11231250

FEBRUARY

Session 3	Monday	Tuesday	Wednesday	Thursday
Time	2/1 – 2/22	2/2 – 2/23	2/3 – 2/24	2/4 – 2/25
4:00 – 4:25 рм	11231251	11231255	11231261	11231265
4:30 – 4:55 рм	11231252	11231256	11231262	11231266
5:00 – 5:25 рм	11231253	11231257	11231263	11231267
5:30 – 5:55 рм	11231254	11231258	11231264	11231268
6:00 – 6:25 РМ	-	11231259	_	11231269
6:30 – 6:55 РМ	_	11231260	_	11231270

MARCH

Session 4	Monday	Tuesday	Wednesday	Thursday
Time	3/1 – 3/22	3/2 – 3/23	3/3 – 3/24	3/4 – 3/25
4:00 – 4:25 PM	21231211	21231215	21231221	21231225
4:30 – 4:55 PM	21231212	21231216	21231222	21231226
5:00 – 5:25 PM	21231213	21231217	21231223	21231227
5:30 – 5:55 PM	21231214	21231218	21231224	21231228
6:00 – 6:25 рм	_	21231219	_	21231229
6:30 – 6:55 PM	_	21231220	_	21231230

FAMILY SWIM LESSONS

Beginner swimmers require continual physical support to maintain safety and build confidence. To encourage this, and to protect both our swimmers and staff, we are offering new parent-assisted lessons for beginner swimmers five years and under. An adult living in the same household will participate in the lesson with the child, providing the physical support in the water while an instructor leads the lesson from the deck. The adult must be comfortable in the water and be eager to be a partner in starting the child on a lifetime of safe water fun. **Swimmers six and older will swim independently with an instructor on the deck.**

Fees: \$20/\$25			Saturdays	
Ses	sion	1	2	3
Class	Time	1/9 – 1/30	2/6 – 2/27	3/6 – 3/27
Water Babes	10:05 – 10:45 AM	11210333	11210353	21210313
6 mos – 2 yrs	11:05 – 11:45 AM	11210335	11210355	21210315
Water Tots	9:05 – 9:45 ам	11210331	11210351	21210311
2 – 3 yrs	11:05 – 11:45 AM	11210336	11210356	21210316
Preschool	9:05 – 9:45 ам	11210332	11210352	21210312
4 – 5 yrs	10:05 – 10:45 ам	11210334	11210354	21210314
Stingray 6 – 13 yrs	11:05 – 11:45 ам	11230133	11230135	21230131
Dolphin 6 – 13 yrs	10:05 – 10:45 ам	11230233	11230235	21230231
Swordfish 6 - 13 yrs	9:05 – 9:45 ам	11230333	11230335	21230331
Barracuda/Shark 6 – 13 yrs	9:05 – 9:45 ам	11230433	11230435	21230431

			Sundays	
Ses	Session		2	3
Class	Time	1/10 - 1/31	2/7 – 2/28	3/7 – 3/28
Water Babes	10:05 – 10:45 AM	11210343	11210363	21210323
6 mos – 2 yrs	11:05 – 11:45 АМ	11210345	11210365	21210325
Water Tots	9:05 – 9:45 am	11210341	11210361	21210321
2 – 3 yrs	11:05 – 11:45 АМ	11210346	11210366	21210326
Preschool	9:05 – 9:45 ам	11210342	11210362	21210322
4 – 5 yrs	10:05 – 10:45 ам	11210344	11210364	21210324
Stingray 6 – 13 yrs	11:05 – 11:45 ам	11230134	11230136	21230132
Dolphin 6 – 13 yrs	10:05 – 10:45 ам	11230234	11230236	21230232
Swordfish 6 – 13 yrs	9:05 – 9:45 ам	11230334	11230336	21230332
Barracuda/Shark 6 – 13 yrs	9:05 – 9:45 ам	11230434	11230436	21230432

SWIMMING LESSONS



Crochet Class

Ages: 16 yrs +

Even if you've never held a hook before or don't know a slip knot from a single crochet, use this class to pick up basic techniques and tips. By the end of the class you will be ready to crochet in rows, which is all you need to make a scarf or even a simple blanket. Bring a J hook and yarn to class.

Location: MR	C	Instructor: Ju	ulie McCready	
1/9 – 1/23	Sa	9:30 - 11:30 AM	\$41/\$33	11751012
2/13 – 2/27	Sa	9:30 - 11:30 AM	\$41/\$33	11751013
3/13 - 3/27	Sa	9:30 - 11:30 AM	\$41/\$33	21751011

Creative Pottery

Ages: 16 yrs +

Use different methods of handbuilding and/or sculpting to create 3 pieces of art. Clay and glazes included. Open to all skill levels. Supply fee: \$15 per 12 lbs. of clay used, payable to instructor.

Locati	tion: MRC Instructor: Michae		lichael McGrath		
1/12 -	2/16	Tu	10:00 AM - NOON	\$72/\$67	11760412
3/2 – 4	/6	Tu	10:00 AM - NOON	\$72/\$67	21760411

Drawing and Painting Class

Ages: 16 yrs +

Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness. Different mediums such as watercolors, acrylics or pencils – pick your favorite and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

Location: MRC		Instructo	r: Eileen Hoffman
1/28 - 2/18	Th	\$60/\$55	11761012

Line Dance

Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning.

Location: MF	RC .		Instructo	or: Judy Curtis
1/6 – 1/27	W	9:30 - 10:00 AM	\$13/\$11	11860412
2/3 – 2/17	W	9:00 - 10:00 AM	\$11/\$8	11860413

MRC = Malley Recreation Center







Living with Dignity on Your Terms

What can the 2021 version of palliative and hospice care provide? What about PT and OT? Find out what resources are available to receive the support and services you need with any illness. This discussion will reveal the many options available to you and your family.

Instructor: Kim Evans and Panel from RoadMap for Aging Experts

1/19 T 10:30 AM - NOON FREE

VIRTUAL 41460211, IN-PERSON 41460611

Aging Well and Finishing Strong

Join us for this dynamic, inspirational and interactive presentation which covers being active in the aging process, enhancing quality of life and being safe in the home. Become proactive in making decisions about your future. Attend inperson or virtually through Zoom.

Instructor: Barb Lotze, Director of Business Development at Visiting Nurses

2/2 T 10:30 AM – NOON FREE VIRTUAL 11460711, IN-PERSON 41460811



Medicare 101

Making a decision can be hard! Attend this presentation and learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Instructor: Allen McGirl, McGirl Insurance

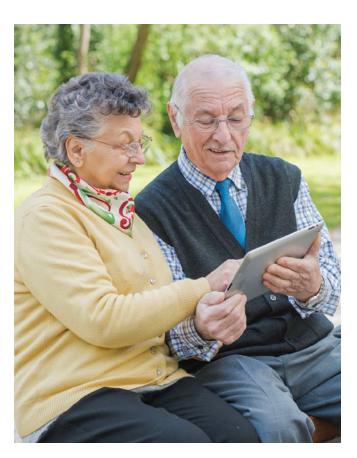
2/11 Th 1:30 - 3:30 PM FREE VIRTUAL 11460011, IN-PERSON 11460111 3/11 Th 6:00 - 8:00 PM FREE VIRTUAL 21460011, IN-PERSON 21460111

The When, Why and What About Home Care Assistance in 2021

When and why should you inquire about home care assistance? What are all the wonderful things it can do? There is more to home care than you realize! Early decisions will maximize the benefits to your health and relationships.

Instructor: Kim Evans and Panel from RoadMap for Aging Experts
2/16 T 10:30 AM - NOON FREE

VIRTUAL 11460911, IN-PERSON 11461011



Rightsizing Tips for 2021

Now that we have spent almost a year in our homes, what have you learned? Have you been cleaning closets and basements? What do you do with all that stuff? What do you need to change, or add, to make your home more comfortable and safe? Learn the ins and outs about rightsizing (downsizing), modifications and safety! Instructor: Kim Evans and Panel from RoadMap for Aging Experts

3/16 T 10:30 AM - NOON FR VIRTUAL 21460511, IN-PERSON 21460611

Coping with stress during the COVID-19 outbreak



It's normal to feel sad, stressed, confused, scared or angry during a crisis. Talking to people you trust can help so make sure to contact your friends and family.

While staying at home, maintain a healthy lifestyle – including proper diet, sleep, exercise and social contacts with loved ones at home and by email and phone with other family and friends.





Don't use smoking, alcohol or other drugs to deal with your emotions. If you feel overwhelmed, talk to a health worker or counselor. Make sure you have a plan and know where to go and how to seek help for physical and mental health needs.

Gather information that will help you accurately determine your risk so that you can take reasonable precautions. Find a credible source you can trust such as a local or state public health agency.





Limit worry and agitation by lessening the time you and your family spend watching or listening to media coverage that you perceive as upsetting.

Draw on skills you have used in the past that have helped you manage stress and use these skills to help you manage your emotions during the challenging time of this outbreak.





PeeWee Dance

Ages: 3 – 5 yrs

Classes are focused on dance techniques, safety, fun, movement, coordination and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions.

Youth Dance

Ages: 6 – 12 yrs

Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance including tap, jazz, hiphop and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique.

			ACTIV	E KIDS				
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
PeeWee Dance	11820121	3 – 5 yrs	1/5 - 1/26	Tu	4:00 – 4:30 РМ	VIRTUAL	\$15	\$12
	11820122	3 – 5 yrs	2/2 - 2/23	Tu	4:00 – 4:30 PM	VIRTUAL	\$15	\$12
	21820121	3 – 5 yrs	3/2 – 3/23	Tu	4:00 – 4:30 PM	VIRTUAL	\$15	\$12
Youth Dance	11820211	6 – 12 yrs	1/5 - 1/26	Tu	4:45 – 5:30 PM	VIRTUAL	\$19	\$15
	11820212	6 – 12 yrs	2/2 – 2/23	Tu	4:45 - 5:30 PM	VIRTUAL	\$19	\$15
	21820211	6 – 12 yrs	3/2 – 3/23	Tu	4:45 – 5:30 PM	VIRTUAL	\$19	\$15
	11820221	6 – 12 yrs	1/6 – 1/27	W	4:00 – 4:45 РМ	ERC	\$19	\$15
	11820222	6 – 12 yrs	2/3 - 2/24	W	4:00 – 4:45 PM	ERC	\$19	\$15



Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING FOOTBALL • FLAG FOOTBALL • LACROSSE SOFTBALL • VOLLEYBALL • WRESTLING • SOCCER

Join our email list and register for all youth sports programs at **pirateyouthsports.com**. Contact us at president@ pirateyouthsports.com or 303-907-3667. *Subject to change due to COVID-19*.



Looking for some fun, new activities for your kiddos?
WE'VE GOT
YOU COVERED!

Whether your children are at home, online or at school learning, it's important to keep them engaged in fun, new activities. Check out our toddler, child and youth classes today as well as our amazing outdoor play spaces. While these are challenging times for all of us, remember to laugh, play, get out and try something new!



Movement, Dance, Cheer, Tumbling

For toddlers through youth, we're offering fun, virtual movement classes to keep your kids active while they have fun learning something new. Our dance and movement classes are designed to introduce your child to different styles of dance including tap, jazz, hip-hop and ballet. Check out our new cheer program to enhance balance, agility and movement memory.

Family Aquatics

We invite you and your family to try the new aquatics program which includes a more personal setting for learning a new skill. The lessons will look a bit different including in-the-water help from a family member/additional adult.

Parks, Trails and Greenways

The City of Englewood's parks and open spaces host over 244 acres of fun. With our sunny Colorado weather, you can play in our outdoor amenities nearly year-round. Most of our parks have engaging play equipment for a wide range of ages and abilities. Plus, Englewood has over twenty miles of bike paths that connect to regional trail systems.



REMEMBER, if you have a credit, don't let it go to waste.

Use it for a swim or dance lesson, reserve a lap lane (adults only) or get in a workout.



City of Englewood offers Men's and Women's Adult Athletic Leagues. To register visit teamsideline.com/englewoodrec. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694. Looking to join a team? Visit teamsideline.com/ englewoodrec and sign up as a Free Agent. Looking for a few more players to complete your team? Contact Sara Stant at 303-762-2694

LEAGUES HAVE BEEN POSTPONED UNTIL A LATER DATE TO BE DETERMINED.

Men's Adult Winter Basketball Leagues

Ages 18+

Recreational, Competitive and Open Leagues Nights: Sunday - Recreation, Competitive

Team Fee: \$460/\$425

Location: Englewood Recreation Center League Format: 8 games + Tournament

Adult Winter Volleyball Leagues

Ages 16+

Co-Rec, Men's and Women's Leagues

Nights: Monday - Co-Rec, Tuesday - Co-Rec,

Wednesday – Women's, Thursday – Men's

Team Fee: \$325/\$305

Location: Englewood Recreation Center or Malley Recreation Center

League Format: 10 weeks + Tournament

We also offer Adult Softball leagues in the Summer and Fall Seasons as well as year-round basketball leagues and Fall Volleyball. Visit englewoodco.gov for more information.

Youth Athletic Classes

In these four-week long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can plan an active role in the class. Wear comfortable clothes, closed-toed shoes and bring water.

YOUTH ATHLETICS								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Little Hoopsters Basketball	12331111	3 – 5 yrs	1/9 – 1/30	Sa	9:00 – 9:45 am	ERC	\$55	\$45
Sport Sampler*	12331212	3 – 5 yrs	1/9 – 1/30	Sa	10:00 – 10:45 АМ	ERC	\$55	\$45
	12331222	3 – 5 yrs	2/6 – 2/27	Sa	10:00 – 10:45 AM	ERC	\$55	\$45
Little Kickers Soccer	12331021	3 – 5 yrs	2/6 – 2/27	Sa	9:00 – 9:45 ам	ERC	\$55	\$45
	12331021	3 – 5 yrs	3/6 – 3/27	Sa	9:00 – 9:45 ам	ERC	\$58	\$46
Little Sluggers T-Ball	22331111	3 – 5 yrs	3/6 – 3/27	Sa	10:00 – 10:45 АМ	ERC	\$58	\$46

^{*}Children learn a different sport each week including soccer, T-ball, flag football, and basketball. To register for the peewee athletic classes, go to englewoodco.gov/register and click the Athletics tab.

Log on and join our coach online for a fun and fast-paced class filled with movement and games. A variety of sports skills will be covered.

NEW All Sports Skills	12331511	5 – 7 yrs	1/6 - 1/27	W	5:00 – 5:45 рм	VIRTUAL	\$17	\$15
for Youth	12331512	5 – 7 yrs	2/3 – 2/24	W	5:00 – 5:45 рм	VIRTUAL	\$17	\$15
	22331511	5 – 7 yrs	3/3 – 3/24	W	5:00 – 5:45 рм	VIRTUAL	\$17	\$15
NEW Basketball Skills	12331611	8 – 11 yrs	1/6 – 1/27	W	6:00 – 6:45 рм	VIRTUAL	\$17	\$15
for Youth	12331612	8 – 11 yrs	2/3 – 2/24	W	6:00 – 6:45 рм	VIRTUAL	\$17	\$15
	22331611	8 – 11 yrs	3/3 – 3/24	W	6:00 – 6:45 РМ	VIRTUAL	\$17	\$15



Have you visited The ZONE yet?

The ZONE is a one-of-a-kind fitness room with a wide range of challenging stations for all levels and abilities that is open to all guests. The ZONE room has several different equipment stations that allow you to focus on functional training. The goal of functional training is to create exercises that mimic activities of daily living while strengthening your core and frame.

One of these stations is the HOIST® Fitness MotionCage®. The MotionCage® system offers exercise stations that can be customized, allowing you to create a unique stationbased workout to increase your endurance and strength. The MotionCage® includes a heavy bag, TRX®, squat rack, chin-up station, rebounder, cable-driven station, jump platform and triceps dip area.

Also included in The ZONE room is a cardio warmup area, free weights, medicine balls and kettlebells. Other workout stations include:

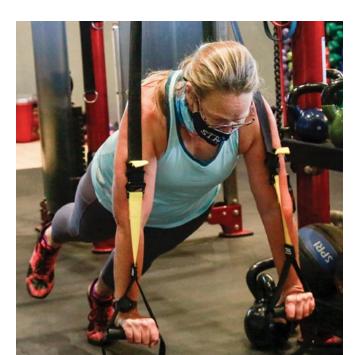
- Squat Rack
- Renegade Station
- High-Low Pulleys
- Heavy Bag
- Monkey Bars

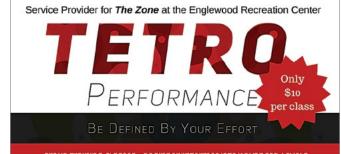
- Traversing Walls
- Rebounder
- Jump Platform
- Plus, dozens of attachment points for straps and accessories



The ZONE is available for drop-in use during your visit to the Englewood Recreation Center unless a class is currently in session.

Do you need an introduction? Try a class with Tetro Performance. Classes are taught by trained fitness professionals who adapt the day's workout to all levels. Best yet, your first class is always free. Check out www.tetroperformance.com and click Englewood Recreation Center for our current schedules.





Group Training Classes - Beginner/Intermediate/Advanced Levels medicine Ball - Battle Popes - Kettlebell/Trx - Functional Training STretching/flexibility

Personal Training, Online Training, Corporate Wellness, Concierge Service, Nutrition Counseling, Wellness Coaching, Active Older Adults (55+), Athletic Coaching

For class schedule and additional information go to www.tetroperformance.com/blog

LET US HELP YOU GET READY FOR CONTINUE OF CONTINUE OF

Winter is here! Instead of sitting inside, go outside to play in our snowy neighborhood parks and in the Rocky Mountains. Colorado offers several recreational opportunities during the winter including downhill and cross-country skiing, snowshoeing, ice skating and more!

We want to help you reach your fitness goals so you can experience your favorite winter activities safely and without injury. Most importantly, we want to help you get outside and have some fun.

Over the past several months, we've made sure our fitness schedule offers classes that provide cardio, strength training, flexibility, endurance, core strength and stretching benefits. These classes, as well as our cardio and weight equipment, will support your winter fitness and recreation goals.

These classes are just a sampling of what we offer! Please visit our website and Facebook page for our entire list of winter classes.

Englewood's Premier 4-Step Pilates Program

Our 4-Step Pilates Program uses exercises with controlled movement to improve flexibility, build strength and develop control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core that will improve coordination and balance. The body's core, which consists of the muscles of the abdomen, lower back and hips, is thought to be the key to a person's stability.

Essentrics

Essentrics is a low-impact moving and stretching class that proves to be a full body workout. It is a combination of yoga, Pilates, tai chi and ballet that helps you stay flexible and less stiff. This class is great for all athletes seeking an increase in range of motion and an increase in speed and agility.

Zumba

Zumba is a Latin-inspired dancefitness class that combines energizing music and easy-tofollow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Fitness Fusion

You will never get bored with the eclectic blend of exercises used in our Fitness Fusion class. TRX Suspension and Rip Training will be used along with BOSU balls, glides, dumbbells and body weight training.

This class will help you get the ideal mix of strength,

This class will help you get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.

Fit Body Express

This class is a high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort, this class is for you!

Barre Sculpt

Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. This technique is gentle on the joints but gives powerful results.



Drop-In Rates

Daily Group Fitness / Yoga Pass \$10/\$8
Drop-in not available for Pilates Reformer, Tai Chi for Balance, or
Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center. *Location: ERC*

1/5	Tu	5:30 – 6:45 РМ	FREE	12253512
2/10	W	6:00 – 7:15 РМ	FREE	12253513
3/13	Sa	9:00 - 10:15 AM	FREE	22253511

Personal Training

Get inspired, boost your confidence, and accomplish your goals! The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

	Sessions	Fee	Res Fee
Private	3	\$154	\$123
60-minute	6	\$278	\$222
sessions	10	\$425	\$340
Private	3	\$109	\$87
30-minute	6	\$210	\$168
sessions	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

THE ZONE AT ERC CLASS SCHEDULE

DAY	TIME	CLASS	TETR
М	6:00 рм	Ultimate Fitness	PERFORMA
Tu	10:00 ам	FUNctional FITness	BE DEFINED BY YOUR E
W	6:00 рм	Burn and Build	
Th	10:00 АМ	Balance, Core and More	
F	7:30 ам	Sports Explosion	ST TO ST
Sa	9:00 AM	Ultimate Fitness	

Classes now in session! Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit **TetroPerformance.com/blog** for class times and descriptions.



ADULT FITNESS (continued)

Currently, all movement and fitness classes are held live and virtually. Please register for the instruction type you would like and select the corresponding activity number. The class activity number listed in the guide is only for one type of instruction, so when you register, be sure to confirm your instruction type. Thank you in advance!

TRX Boot Camp

Ages: 13 yrs +

ADULT FITNESS

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.

Location: ERC Instructor: Libby Butler

Zumba

Ages: 13 yrs +

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Location: ERC Instructor: Lisa Pope

Pop Pilates

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC Instructor: Lisa Pope

Indoor Cycling

Ages: 13 yrs +

Optimum fat burning awaits you on this journey which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Location: ERC Instructor: Erica Krier

Essentrics

Ages: 13 yrs +

A low-impact moving and stretching class with a full body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.

Location: ERC Instructor: Paulette Fara-Schembri

Zumba Toning

Ages: 13 yrs +

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!

Location: ERC Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +

Ahigh-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort, this class is for you!

Location: ERC Instructor: Libby Butler

Fitness Fusion

Ages: 13 yrs +

You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Training will be used along with BOSU balls, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.

Location: ERC Instructor: Libby Butler

Walk for Power

Ages: 13 yrs +

Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard. This class includes stretching and proper walking technique for fitness and, if interested, competition. Set your goal and challenge yourself in this unique experience. You should be able to walk one mile in under 20 minutes.

Location: ERC Instructor: Liz Shepard

Barre Sculpt

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises and your body's balance, to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.

Location: MRC Instructor: Stacy Lochowicz

NEW STARRED CLASSES (\star) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

ADULT FITNESS									
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee		
★ TRX Boot Camp	12250412	1/4 - 1/25	М	5:25 – 6:25 РМ	ERC	\$22	\$17		
	12250413	2/1 - 2/22	М	5:25 – 6:25 РМ	ERC	\$22	\$17		
	22250411	3/1 – 3/29	М	5:25 - 6:25 PM	ERC	\$26	\$21		
🛨 Zumba	12250912	1/4 – 1/25	М	6:35 - 7:35 PM	ERC	\$22	\$17		
	12250913	2/1 – 2/22	М	6:35 - 7:35 PM	ERC	\$22	\$17		
	22250911	3/1 – 3/29	М	6:35 – 7:35 рм	ERC	\$26	\$21		
★ Pop Pilates	12251112	1/5 – 1/26	Tu	5:30 - 6:30 PM	ERC	\$22	\$17		
	12251113	2/2 – 2/23	Tu	5:30 – 6:30 РМ	ERC	\$22	\$17		
	22251111	3/2 – 3/30	Tu	5:30 – 6:30 РМ	ERC	\$26	\$21		
★ Indoor Cycling	12250322	1/6 – 1/27	W	5:30 – 6:30 РМ	ERC	\$22	\$17		
	12250323	2/3 – 2/24	W	5:30 – 6:30 рм	ERC	\$22	\$17		
	22250321	3/3 - 3/31	W	5:30 - 6:30 РМ	ERC	\$26	\$21		
★ Essentrics	12251412	1/6 – 1/27	W	6:35 – 7:35 рм	ERC	\$26	\$22		
	12251413	2/3 – 2/24	W	6:35 – 7:35 рм	ERC	\$26	\$22		
	22251411	3/3 - 3/31	W	6:35 – 7:35 рм	ERC	\$38	\$27		
🛨 Zumba Toning	12251612	1/6 – 1/27	W	5:30 – 6:30 рм	ERC	\$22	\$17		
	12251613	2/3 – 2/24	W	5:30 - 6:30 PM	ERC	\$22	\$17		
	22251611	3/3 - 3/31	W	5:30 – 6:30 рм	ERC	\$26	\$21		
★ Indoor Cycling	12250332	1/7 - 1/28	Th	6:35 – 7:35 рм	ERC	\$22	\$17		
	12250333	2/4 – 2/25	Th	6:35 – 7:35 рм	ERC	\$22	\$17		
	22250331	3/4 – 3/25	Th	6:35 – 7:35 рм	ERC	\$22	\$17		
★ Fit Body Express	12250812	1/7 – 1/28	Th	5:45 – 6:30 РМ	ERC	\$22	\$17		
	12250813	2/4 – 2/25	Th	5:45 – 6:30 РМ	ERC	\$22	\$17		
	22250811	3/4 – 3/25	Th	5:45 – 6:30 РМ	ERC	\$22	\$17		
★ Fitness Fusion	12250612	1/2 - 1/30	Sa	9:10 – 10:10 AM	ERC	\$26	\$21		
	12250613	2/6 – 2/27	Sa	9:10 – 10:10 AM	ERC	\$22	\$17		
	22250611	3/6 - 3/27	Sa	9:10 – 10:10 AM	ERC	\$22	\$17		
★ Pop Pilates	12251132	1/2 - 1/30	Sa	8:05 – 9:05 AM	ERC	\$26	\$21		
	12251133	2/6 – 2/27	Sa	8:05 – 9:05 AM	ERC	\$22	\$17		
	22251121	3/6 - 3/27	Sa	8:05 – 9:00 AM	ERC	\$22	\$17		
Walk for Power	12251212	1/4 - 1/25	M	5:30 – 6:30 рм	ERC	\$22	\$17		
	12251213	2/1 - 2/22	M	5:30 – 6:30 рм	ERC	\$22	\$17		
	22251211	3/1 - 3/29	M	5:30 – 6:30 РМ	ERC	\$26	\$21		
Barre Sculpt	12251012	1/7 - 1/28	Th	9:00 – 9:45 AM	MRC	\$37	\$30		
	12251012	2/4 - 2/18	Th	9:00 – 10:00 AM	MRC	\$28	\$22		
	22251011	3/4 - 3/25	Th	9:00 - 9:45 AM	MRC	\$37	\$30		
Barre Sculpt	12251011	1/5 - 1/26	Tu	9:00 - 9:45 AM	MRC	\$28	\$22		
Danie Sculpt	12251021	2/2 - 2/16	Tu	9:00 - 9:45 AM	MRC	\$28	\$22		
	12251023	3/2 – 3/30	Tu	9:00 – 9:45 AM	MRC	\$28	\$22		

ERC = Englewood Recreation Center, MRC = Malley Recreation Center



All of the classes on this page are designed for ages 55 and older; there is space available for ages 18-54.

Currently, all movement and fitness classes are held live and virtually. Please register for the instruction type you would like and select the corresponding activity number. The class activity number listed in the guide is only for one type of instruction, so when you register, be sure to confirm your instruction type. Thank you in advance!

NEW Fitness Club

Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.

Location: VIRTUAL *Instructor: Stacy Lochowicz*

SilverSneakers Classic



Increase strength and range of movement. Handheld weights, elastic tubing with handles, and a ball will be used. A chair is used for support. Class is open to all.

Location: MRC *Instructor: Stacy Lochowicz*

Total Body Fitness



Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.

Location: MRC Instructor: Doug Smith

Step Smart

Focus on walking basics through motion & body awareness. Students learn to improve their gait, posture & balance in a safe & fun community atmosphere. Liz is B.Sc., Certified Exercise Physiologist and International masters USATF Race Walker. Location: ERC

Instructor: Liz Shepard

Walk for Fitness

Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard. This class includes stretching and proper walking technique for fitness and, if interested, competition. Set your goal and challenge yourself in this unique experience. You should be able to walk one mile in under 20 minutes.

Instructor: Liz Shepard Location: ERC

Parkinson's & MS Fitness



This class incorporates exercises targeting deficits specific to people with Parkinson's Disease or multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous, and new participants can join at any time.

Location: VIRTUAL Instructor: Liz Shepard

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety and etiquette, and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

Location: MR	C	Instru	ctor: Marty Grims, Cath	y Rupert
12263512	1/9	Sa	9:30 - 10:30 AM	FREE
12263513	2/1	M	11:00 - NOON	FREE
22263511	3/3	W	4:00 - 5:00 PM	FREE



NEW STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

		ACTIVE A	DULT FI	TNESS			
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club 🗐	12260112	1/4 – 1/27	M, W	9:00 – 10:00 AM	VIRTUAL	\$26	\$21
	12260113	2/1 – 2/24	M, W	9:00 - 10:00 AM	VIRTUAL	\$26	\$21
	12260122	1/4 - 1/27	M, W	9:00 - 10:00 AM	MRC	\$26	\$21
	12260123	2/1 – 2/24	M, W	9:00 - 10:00 AM	MRC	\$26	\$21
	22260111	3/1 - 3/31	M, W	9:00 - 10:00 AM	VIRTUAL	\$30	\$24
★ SilverSneakers Classic 🗐	12261012	1/4 – 1/27	M, W	10:15 - 11:15 AM	VIRTUAL	\$26	\$21
	12261013	2/1 – 2/17	M, W	10:15 - 11:15 AM	VIRTUAL	\$20	\$16
	12261022	1/4 - 1/27	M, W	10:15 - 11:15 AM	MRC	\$26	\$21
	12261023	2/1 – 2/17	M, W	10:15 - 11:15 AM	MRC	\$20	\$16
	22261011	3/1 - 3/31	M, W	10:15 - 11:15 AM	MRC	\$33	\$26
★ Total Body Fitness 🕮	12260512	1/5 - 1/28	Tu, Th	9:00 - 10:00 AM	MRC	\$30	\$24
	12260513	2/2 – 2/25	Tu, Th	9:00 - 10:00 AM	MRC	\$30	\$24
	22260511	3/2 – 3/30	Tu, Th	9:00 - 10:00 AM	MRC	\$30	\$24
Step Smart	12260312	1/5 - 1/26	Tu	9:00 – 9:45 ам	ERC	\$16	\$13
	12260313	2/2 – 2/23	Tu	9:00 – 9:45 ам	ERC	\$16	\$13
	22260311	3/2 – 3/30	Tu	9:00 – 9:45 ам	ERC	\$22	\$17
Walk for Fitness	12260712	1/6 - 1/27	W	10:00 - 11:00 AM	ERC	\$16	\$13
	12260713	2/3 – 2/24	W	10:00 - 11:00 AM	ERC	\$16	\$13
	22260711	3/3 - 3/31	W	10:00 - 11:00 AM	ERC	\$22	\$17
NEW Parkinson's, MS & More Fitness	12260922	1/7 - 1/28	Th	1:00 - 2:00 PM	ERC	\$16	\$13
a more ranes	12260923	2/4 – 2/25	Th	1:00 - 2:00 PM	ERC	\$16	\$13
	22260921	3/4 - 3/25	Th	1:00 - 2:00 PM	ERC	\$16	\$13
	12260912	1/2 - 1/30	Sa	10:45 AM - NOON	VIRTUAL	\$21	\$17
	12260913	2/6 – 2/27	Sa	10:45 AM - NOON	VIRTUAL	\$16	\$13
	22260911	3/6 – 3/27	Sa	10:45 AM – NOON	VIRTUAL	\$16	\$13

ERC = Englewood Recreation Center, MRC = Malley Recreation Center

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GENTLE YOGA AND TAI CHI

NEW Gentle Yoga



Ages: 55 yrs +

YOGA & TAI CHI

Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.

Location: VIRTUAL Instructor: Erin Mathiason

NEW Light Yoga



Ages: 55 yrs +

For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome.

Location: VIRTUAL Instructor: Barbara Meadows

NEW Seated Yoga



Ages: 55 yrs +

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Location: ERC Instructor: Sky Headland

Tai Chi for Better Balance

Ages: 55 yrs +

Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC Instructor: Patty Vogt

Therapeutic Tai Chi

Ages: 55 yrs +

Better manage chronic health conditions and improve overall wellbeing based on a variety of true evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit.

Location: MRC Instructor: Phred Hall

Currently, all movement and fitness classes are held live and virtually. Please register for the instruction type you would like and select the corresponding activity number. The class activity number listed in the guide is only for one type of instruction, so when you register, be sure to confirm your instruction type. Thank you in advance!

ACTIVE YOGA AND TAI CHI

Energize Yoga

Ages: 16 yrs +

Start your day energized, without the caffeine jitters. This combination of hatha and vinyasa moves will leave you stretched, focused and balanced for the day ahead.

Location: ERC Instructor: Erin Mathiason

Tai Chi Yoga Fusion

Ages: 16 yrs +

Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: VIRTUAL Instructor: Erin Mathiason

Foundations Yoga

Ages: 13 yrs +

Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: MRC Instructor: Roseanna Frechette

Hatha Yoga

Ages: 16 yrs +

Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.

Location: VIRTUAL Instructor: Erin Mathiason

Core Yoga

Ages: 13 yrs +

Improve flexibility, balance and strength, especially in the core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Location: VIRTUAL *Instructor: Stephanie Turner*



	GENTLE YOGA & TAI CHI									
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee			
NEW Gentle Yoga	12258512	1/5 - 1/26	Tu	10:30 – 11:45 ам	VIRTUAL	\$31	\$25			
	12258513	2/2 – 2/23	Tu	10:30 – 11:45 ам	VIRTUAL	\$23	\$19			
	22258511	3/2 – 3/30	Tu	10:30 – 11:45 ам	VIRTUAL	\$40	\$31			
NEW Light Yoga 🖃	12258212	1/5 - 1/29	Tu, F	8:45 – 10:00 AM	VIRTUAL	\$43	\$35			
	12258213	2/2 - 2/19	Tu, F	8:45 - 10:00 AM	VIRTUAL	\$32	\$26			
	12258222	1/5 - 1/29	Tu, F	8:45 – 10:00 AM	MRC	\$43	\$35			
	12258223	2/2 - 2/19	Tu, F	8:45 – 10:00 AM	MRC	\$32	\$26			
NEW Seated Yoga	12258312	1/5 - 1/28	Tu, Th	10:00 – 11:00 ам	ERC	\$42	\$33			
	12258313	2/2 – 2/25	Tu, Th	10:00 – 11:00 ам	ERC	\$42	\$33			
	22258311	3/2 – 3/30	Tu, Th	10:00 – 11:00 ам	ERC	\$47	\$37			
Beginning Tai Chi	12255311	1/5 - 2/18	Tu, Th	2:30 – 3:30 РМ	MRC	\$66	\$53			
for Better Balance	22255311	3/2 – 5/6	Tu, Th	2:30 – 3:30 РМ	MRC	\$94	\$75			
Advanced Tai Chi	12255411	1/5 – 2/18	Tu, Th	1:30 - 2:30 PM	MRC	\$66	\$53			
for Better Balance	22255411	3/2 - 5/6	Tu, Th	1:30 - 2:30 PM	MRC	\$94	\$75			
Therapeutic Tai Chi	12255112	1/7 - 1/28	Th	10:00 – 11:00 ам	MRC	\$31	\$25			
	12255113	2/4 - 2/18	Th	10:00 – 11:00 ам	MRC	\$23	\$19			
	22255111	3/4 – 3/25	Th	10:00 - 11:00 AM	MRC	\$31	\$25			

ACTIVE YOGA & TAI CHI							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Energize Yoga	12258012	1/4 – 1/25	М	7:00 – 8:00 ам	ERC	\$39	\$31
	12258013	2/1 – 2/22	М	7:00 – 8:00 ам	ERC	\$39	\$31
	22258011	3/1 – 3/29	М	7:00 – 8:00 ам	ERC	\$50	\$40
Tai Chi Yoga Fusion	12255512	1/4 - 1/25	М	4:00 – 5:00 PM	VIRTUAL	\$31	\$25
	12255513	2/1 – 2/15	М	4:00 – 5:00 PM	VIRTUAL	\$23	\$19
	22255511	3/1 – 3/29	М	4:00 – 5:00 PM	VIRTUAL	\$40	\$31
Foundations Yoga	12256212	1/6 – 1/27	W	5:30 – 6:30 РМ	MRC	\$31	\$25
	12256213	2/3 – 2/24	W	5:30 – 6:30 РМ	MRC	\$31	\$25
	22256211	3/3 – 3/31	W	5:30 – 6:30 РМ	ERC	\$42	\$33
Hatha Yoga	12256912	1/6 – 1/27	W	4:00 – 5:00 PM	VIRTUAL	\$34	\$27
	12256913	2/3 – 2/24	W	4:00 – 5:00 РМ	VIRTUAL	\$34	\$27
Core Yoga	12257112	1/2 – 1/30	Sa	9:15 - 10:30 AM	VIRTUAL	\$42	\$33
	12257113	2/6 – 2/27	Sa	9:15 - 10:30 AM	VIRTUAL	\$34	\$27
	22257111	3/6 - 3/27	Sa	9:15 – 10:30 AM	VIRTUAL	\$34	\$27

ERC = Englewood Recreation Center, MRC = Malley Recreation Center



Pilates exercises with controlled movement, improves flexibility, builds strength and develops control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the "powerhouse," is thought to be the key to a person's stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant's goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This new program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates guests.

ENGLEWOOD'S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance. *Location: MRC*

STEP TWO: Pilates Reformer Principals

Ages: 16 yrs +

In these two private sessions learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into Beginning Pilates Reformer class, and as an extra benefit receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session. *Location: MRC*

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +

Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles or have instructor's permission.

Location: MRC

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor's permission. *Location: MRC*

Pilates Personal Training

Pilates personal training is a versatile option available to anyone. Whether you're a Pilates beginner who needs one-on-one instruction, more advanced with Pilates, an athlete who wants to improve performance or an individual in post-rehab following an injury, personal training provides the customized approach perfect for you. To schedule, call 303-762-2678 and know that your call will be returned within two business days. Each session is 60 minutes and you can specify reformer or mat instruction. Yoga Personal Training is also available.

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. Programming note: No-shows and cancellations that are not made with your personal trainer at least 24 hours in advance result in a loss of the session.

PILATES								
Class	Activity#	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE Essential Pilates Orientation	12254112	1/6	W	6:05 – 7:05 рм	Michael M.	MRC	F	REE
	12254113	2/3	W	6:05 – 7:05 рм	Michael M.	MRC	F	REE
	22254111	3/3	W	6:05 – 7:05 рм	Michael M.	MRC	F	REE
STEP TWO Pilates Reformer Principals	12254211	1/4 – 2/26	M – F	8:15 ам – 7:15 рм	Michael M.	MRC	\$86	\$69
	22254211	3/1 - 3/31	M – F	8:15 ам – 7:15 рм	Michael M.	MRC	\$86	\$69
STEP THREE Beginning Pilates Reformer	22254311	3/3 – 3/31	W	5:00 – 6:00 рм	Michael M.	MRC	\$80	\$64
	22254321	3/4 – 3/25	Th	11:00 AM - NOON	Michael M.	MRC	\$64	\$51
STEP FOUR Continuing Pilates Reformer	12254442	1/4 – 1/25	М	11:00 AM - NOON	Michael M.	MRC	\$64	\$51
	12254443	2/1 – 2/15	М	11:00 AM - NOON	Michael M.	MRC	\$49	\$39
	22254441	3/1 – 3/29	М	11:00 AM - NOON	Michael M.	MRC	\$80	\$64
	12254432	1/4 – 1/25	М	5:00 – 6:00 рм	Michael M.	MRC	\$64	\$51
	12254433	2/1 - 2/15	М	5:00 – 6:00 рм	Michael M.	MRC	\$49	\$39
	22254431	3/1 - 3/29	М	5:00 – 6:00 рм	Michael M.	MRC	\$80	\$64
	12254312	1/6 – 1/27	W	5:00 – 6:00 рм	Michael M.	MRC	\$64	\$51
	12254313	2/3 - 2/17	W	5:00 – 6:00 рм	Michael M.	MRC	\$49	\$39
	12254322	1/7 - 1/28	Th	11:00 - NOON	Michael M.	MRC	\$64	\$51
	12254323	2/4 - 2/18	Th	11:00 - NOON	Michael M.	MRC	\$49	\$39

MRC = Malley Recreation Center



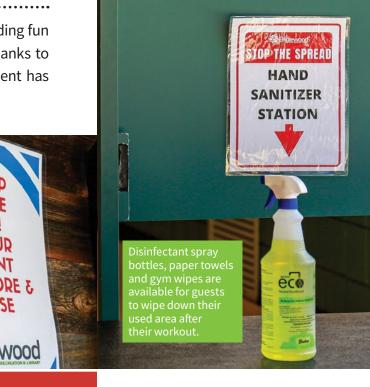
WE'RE COMMITTED TO KEEPING YOU SAFE AND HEALTHY!

The past several months have been a challenge for our community. Our goal continues to be providing fun and engaging recreation, fitness and enrichment programs to all members of our community. Thanks to our committed staff and leadership, the Englewood Parks, Recreation, Library and Golf Department has implemented numerous guidelines for all guests that help keep our Englewood community safe.



HELD KEEP
EVERYONE
HEALTHY!
WIPE YOUR
EQUIPMENT
DOWN BEFORE &
AFTER USE





PLEASE WIPE DOWN

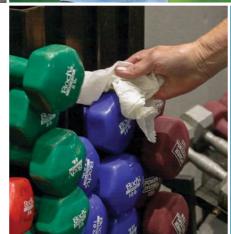
VOUR SUMPMENT
BEFORE AND
AFTER EACH US













Our scheduling of ambassadors to encourage cleaning and physical distancing and making sure that cleaning of any touch-points on the floor is completed.











Englewood Art Exhibit

March 10 - 26

Malley Recreation Center

Calling all artists! Join the 2021 Englewood Art Exhibit. This exhibit is for amateur artists (artists by hobby, not by profession) and is not juried. Anyone from the Denver Metro area that is at least 18 years old is invited to submit their artwork. We are looking for artwork that is either two-dimensional or three-dimensional. This includes a variety of media including oils, pastels, watercolors, mixed media, acrylic, photography, embroidery, sculptures, woodcarving, pottery/ceramic, metals and other types of material. Each year, we encourage a "People's Choice" award winner. Entry forms are available at the Englewood or Malley Recreation Center or online at englewoodco.gov. Each artist may enter one or two pieces. The fee is \$8 per entry. If you have questions or need more information, call Cheryl Adamson at 303-762-2660. Sponsored by McGirl Insurance.

Visit the Art Collection!

FREE • March 10 - 26

Monday-Friday, 8:00 AM - 5:00 PM • Saturday, 9:00 AM - 1:00 PM Malley Recreation Center, 3380 S. Lincoln Street.

Come view our incredible collection of local artists and see their amazing art. This exhibit is free to the public. Cast your vote for your favorite piece to be recognized with the People's Choice Award. For those who want to attend virtually, we will also be offering a virtual video on our website highlighting this collection.

GUEST SPEAKER SERIES

Tickets can be purchased at www.englewoodrec.org or at the Malley Recreation Center.

Bad Boys and Bawdy Girls

Wednesday, January 20 • 1:00 – 2:00 РМ

Kevin Snow, Denver History Tours

Virtual or In-Person, Tickets \$6

If you're looking for the tales of well-mannered gentleman and swooning ladies with rose-scented handkerchiefs, this isn't it! Denver's earliest tales were almost never written by gentlemen, and polite company doesn't even discuss these ladies. Fortunately, Denver History Tours is not polite company . . . at least not these days. Rope burn and lead poisoning helped Denver fill its coffers and its coffins. The shady ladies and killer cowboys are gone, so let's dig into their stories from the comfort of our chairs. Bring your smelling salts!

Saints and Apostles Tour

Wednesday, February 17 • 1:00 – 2:00 PM Kevin Snow, Denver History Tours

Virtual or In-Person, Tickets \$6

This is not a presentation on religious figures. Rather, it's about the do-gooders in our history who behaved in saintly ways. We're here to show you that at least some of the people who were building Colorado were noble spirits. Join us for an examination of the people you would be proud to call friends, who worked ceaselessly for the betterment of us all. Some of them you may know, but we suspect many you won't! When you've heard of what they've accomplished and the adversities they faced you may well be inspired to be more of a do-gooder yourself. These metaphorical saints and apostles will be watching our presentation with smiles while we are remembering their journeys.

Trivia Tour

Wednesday, March 24 • 1:00 – 2:00 PM Kevin Snow, Denver History Tours

Virtual or In-Person, Tickets \$6

Do you think you know about the history of Denver? Now it's time to prove it! Is that house a Queen Anne style? What immigrant group once predominated in the Bottomlands? On which side of the capitol will you find that famous step? With some history and tales

during our pictorial tour of the city, we'll check your answers and award a winner! This isn't a test, but rather, a great way to learn new things and exercise your brain along the way. Who knows? Maybe you'll end up with bragging rights as the Trivia Expert! Join us and see if you make the grade.

Never B-4 BINGO – VIRTUAL

Have some fun with this classic game where the prizes are included. A Zoom account and a working email are required to participate. Bingo cards need to be picked up at Malley prior to the date or you'll need to request that they are mailed to you.

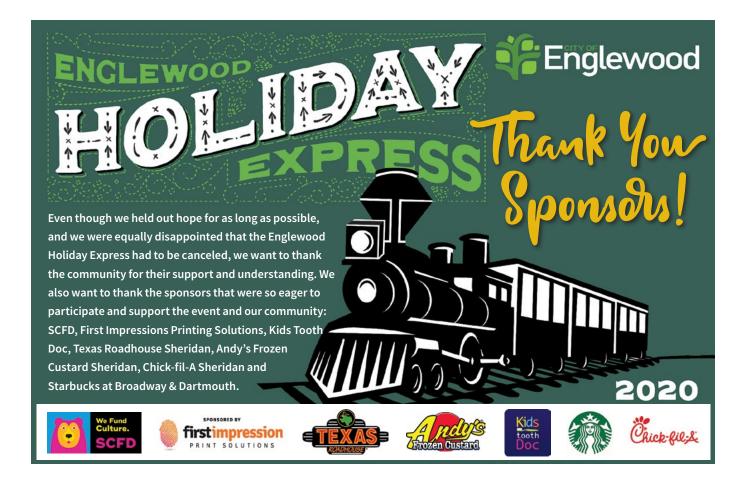
1/11	М	1:00 - 2:15 PM	FREE	11450011
2/8	М	1:00 - 2:15 PM	FREE	11450111
3/8	М	1:00 - 2:15 PM	FREE	21450011

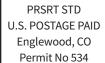




The BUZZ Resource Center will be opening in January 2021!

Check out what all the buzz is about. Discover information and resources about transportation, finances, health, insurance, volunteering, caregiving and recreation. Located at the Malley Recreation Center, for more information and appointments, call 303-762-2660 or www.englewoodco.gov. All appointments are virtual until restrictions are lifted.







The City of Englewood 1000 Englewood Parkway Englewood, Colorado 80110 303-762-2300 www.englewoodco.gov



Try one of our classes for a healthier you.

2021
is the time to get healthy and fit!

